

iN2L & FL-AAA (Broward County) 12-Month Survey Report

March 2022

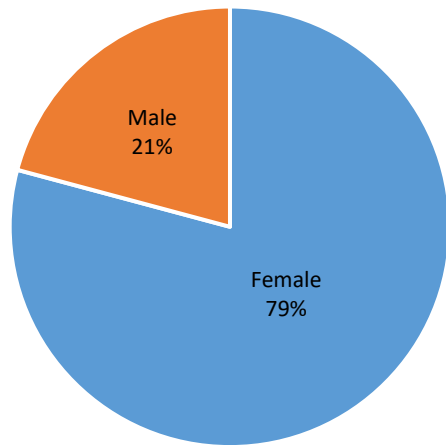
Independent older adults



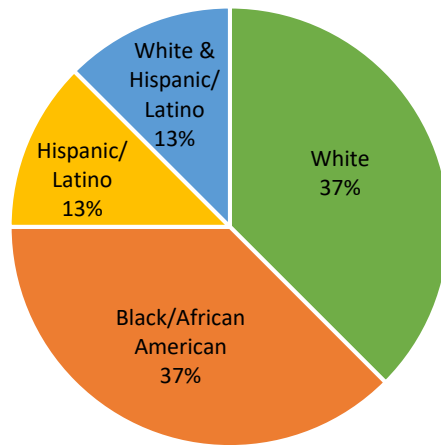
Mostly Female, Black/African American, Living Alone, With Some Mobile Device Experience

- N = 24
- Age: 64-91 years (average 78 years)

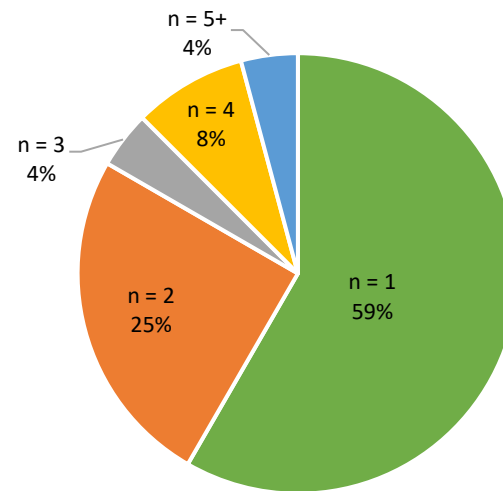
Sex



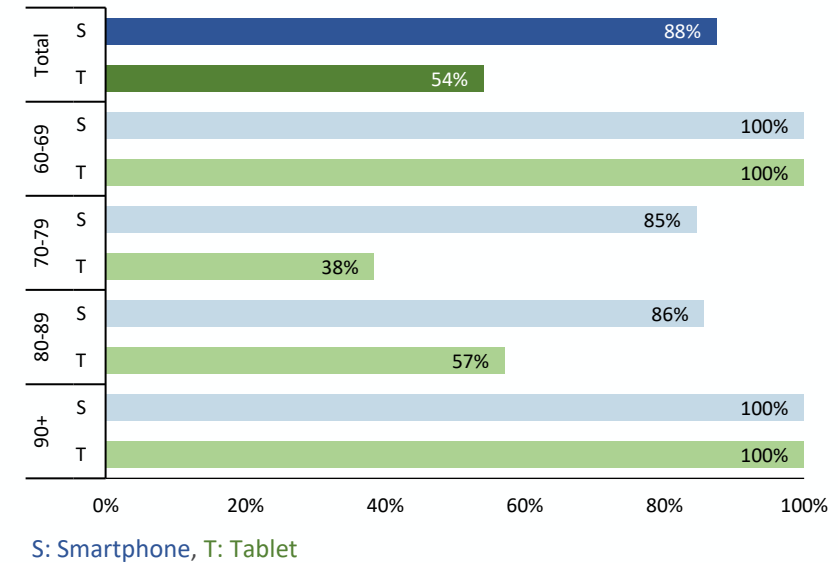
Race/ethnicity



Household size (including self)



Prior mobile device experience
Percentage Yes





Continued Reduction in Loneliness

33%

felt less lonely
at 12 months compared to Pre[†]

54%

had fewer feelings of depression
at 12 months compared to Pre[^]

46%

had fewer feelings of anxiety
at 12 months compared to Pre[#]

[†]Based on 3-item UCLA Loneliness Scale; Hughes et al. (2004); Steptoe et al. (2013)

[^]Based on 10-item Center for Epidemiologic Studies Depression Scale – Revised; for screening, not diagnosis

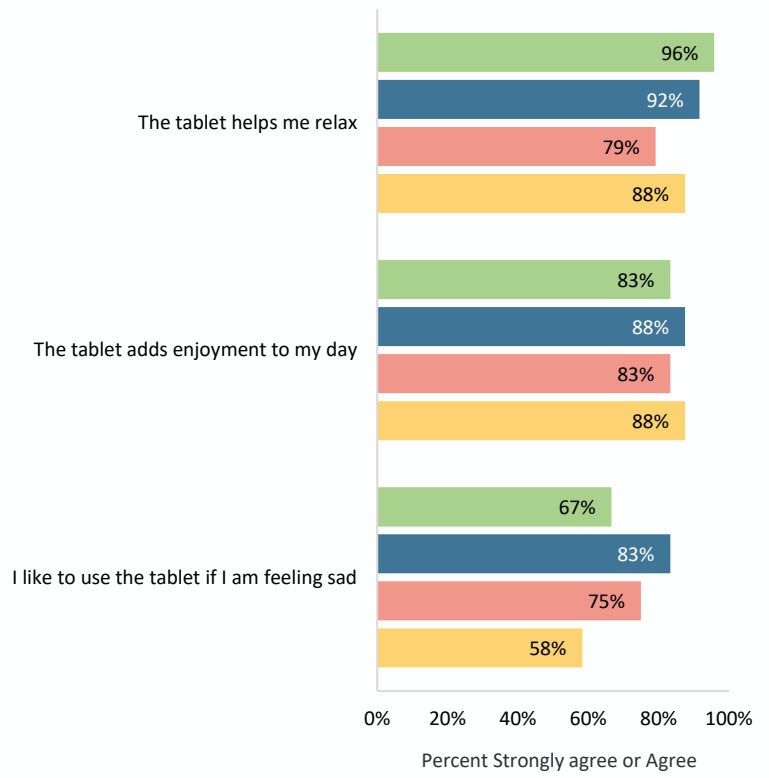
[#]Based on 7-item Generalized Anxiety Disorder scale; for screening, not diagnosis



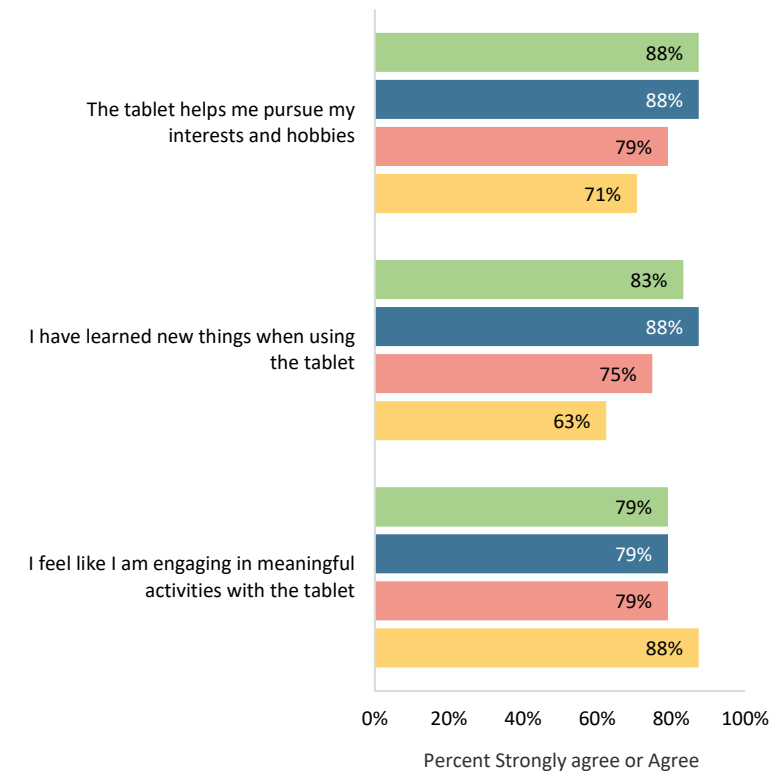
Improvement and Maintenance of Well-Being, Engagement, and Connection



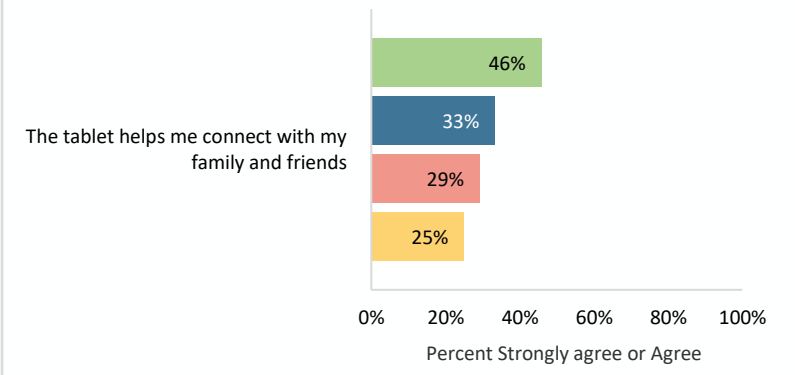
Well-Being



Engagement



Connection



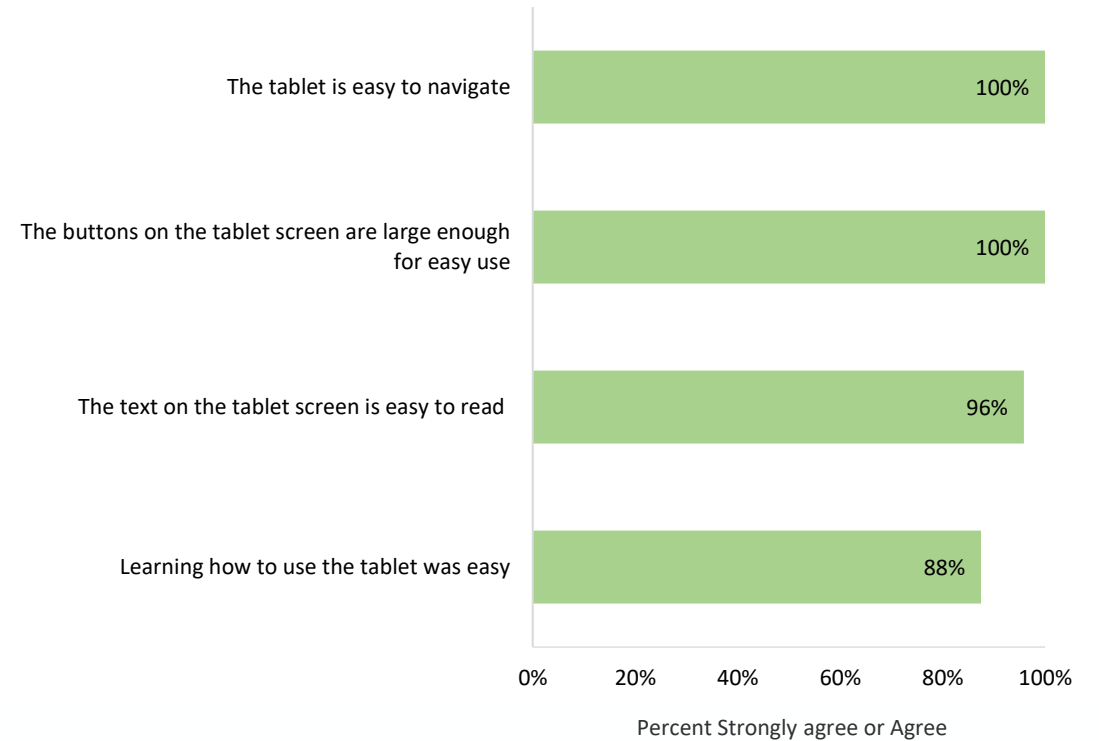
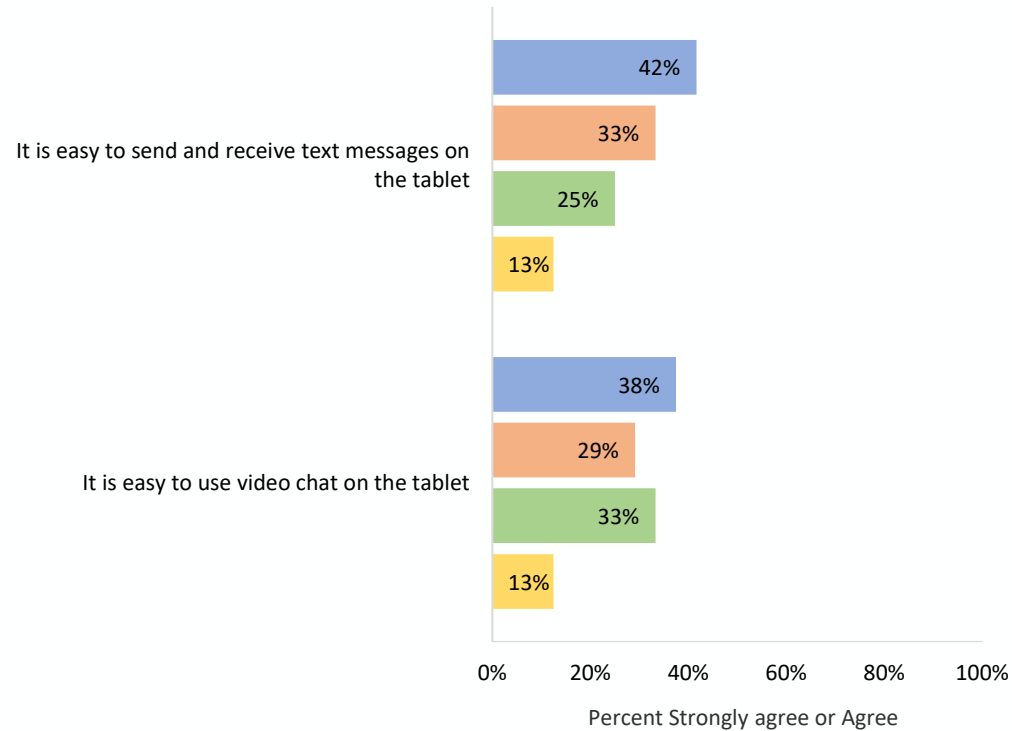
- 12-mos
- 9-mos
- 6-mos
- 3-mos

100% Strongly agreed or agreed that they enjoy using the tablet overall



Continued Improvement in Ease of Use for Social Features **iN2L™**

Strong agreement for usability of other tablet features still observed



- 12-mos
- 9-mos
- 6-mos
- 3-mos

96% Strongly agreed or agreed that the tablet is easy to use

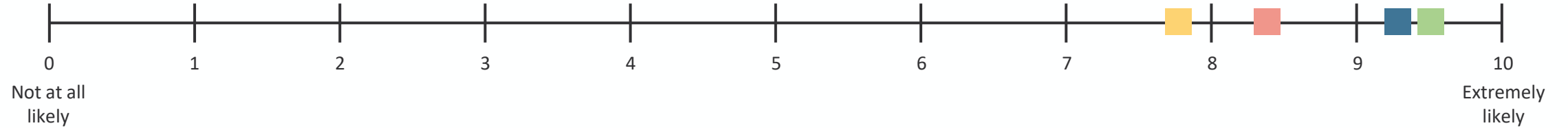


Strong Advocates for Tablet Adoption By Others



“How likely are you to recommend the iN2L tablet to friends or family?”

Average score



- 12-mos
- 9-mos
- 6-mos
- 3-mos



Positive Feelings About the Tablets and Program



I like that you can use the tablet 24 hours per day.

I think the iN2L tablet is great for seniors who do not have any other electronic devices or smart phones.

The tablet is a great help to me in many ways.

I enjoyed participating in this program. The tablet was easy to use and has been a good "stepping stone" for me to start looking at tablets to buy!

[The tablet] could be used for therapy to evaluate your progress over time....It could address your specific needs like an area you could improve on. You can do a lot on it.

Loves the tablet. He said he worked hard to get where he was at in life and there were so many opportunities. If only he realized what technology was today he would have [gotten] further in life. The tablet has taught him so much.
--Case manager

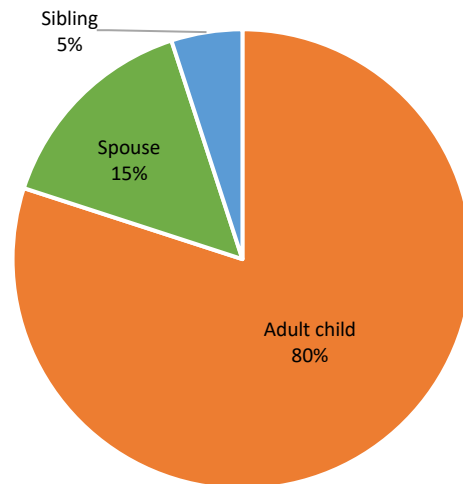
Family caregivers



Caregivers Mostly Adult Children With Mobile Device Experience

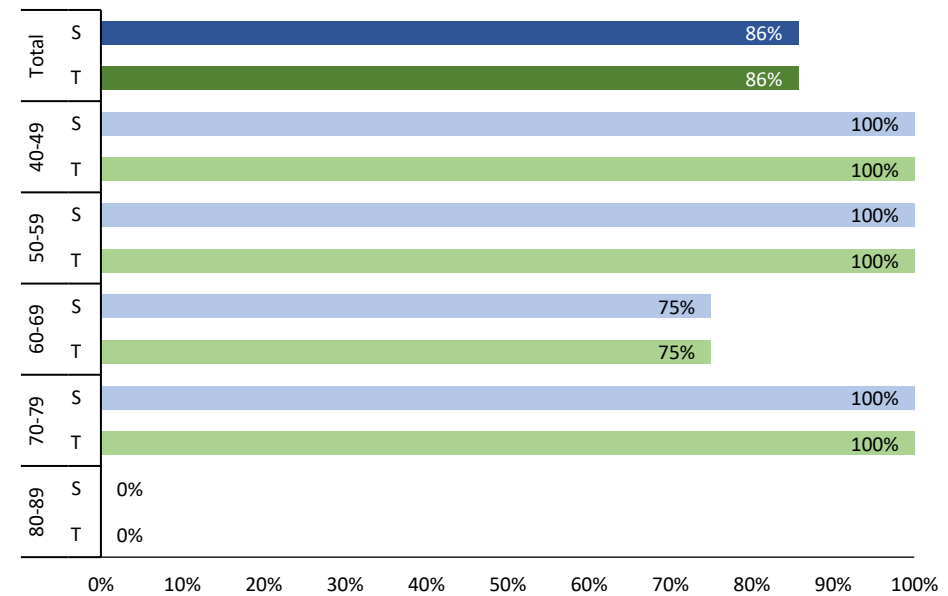
- N = 21 dyads (caregiver-family member with dementia)
- Age of caregiver: 42-81 years (average 61 years)

Caregiver relationship to family member



Prior mobile device experience

Percentage Yes



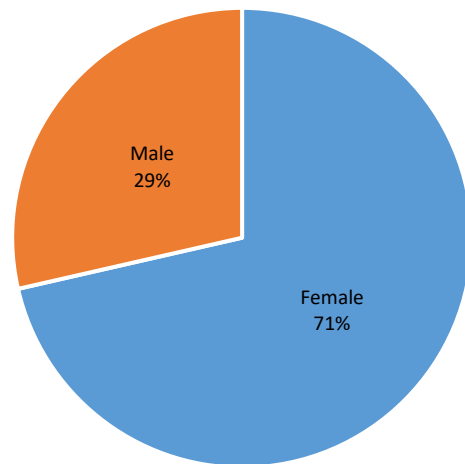
S: Smartphone, T: Tablet



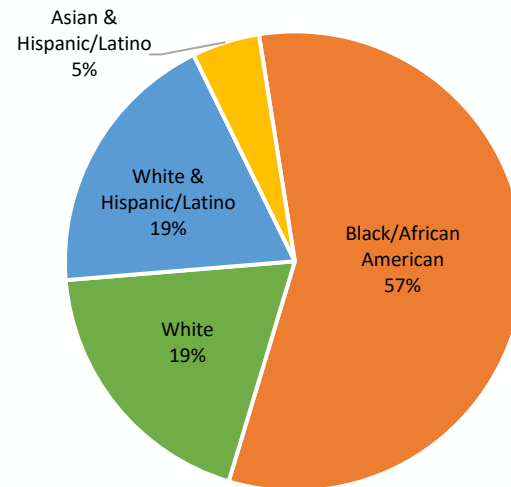
Family Members With Dementia Mostly Female, Black/African American, With Some Mobile Device Experience

- N = 21 dyads (caregiver-family member with dementia)
- Age of family member with dementia: 65-96 years (average 80 years)

Sex

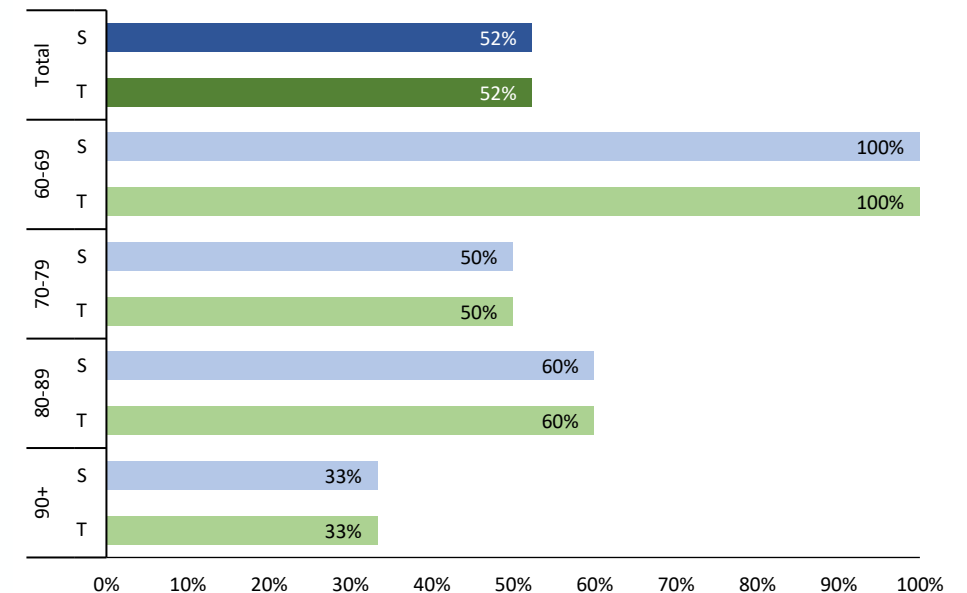


Race/ethnicity



Prior mobile device experience

Percentage Yes



S: Smartphone, T: Tablet



Continued Reduction in Loneliness

33%

felt less lonely
at 12 months compared to Pre[†]

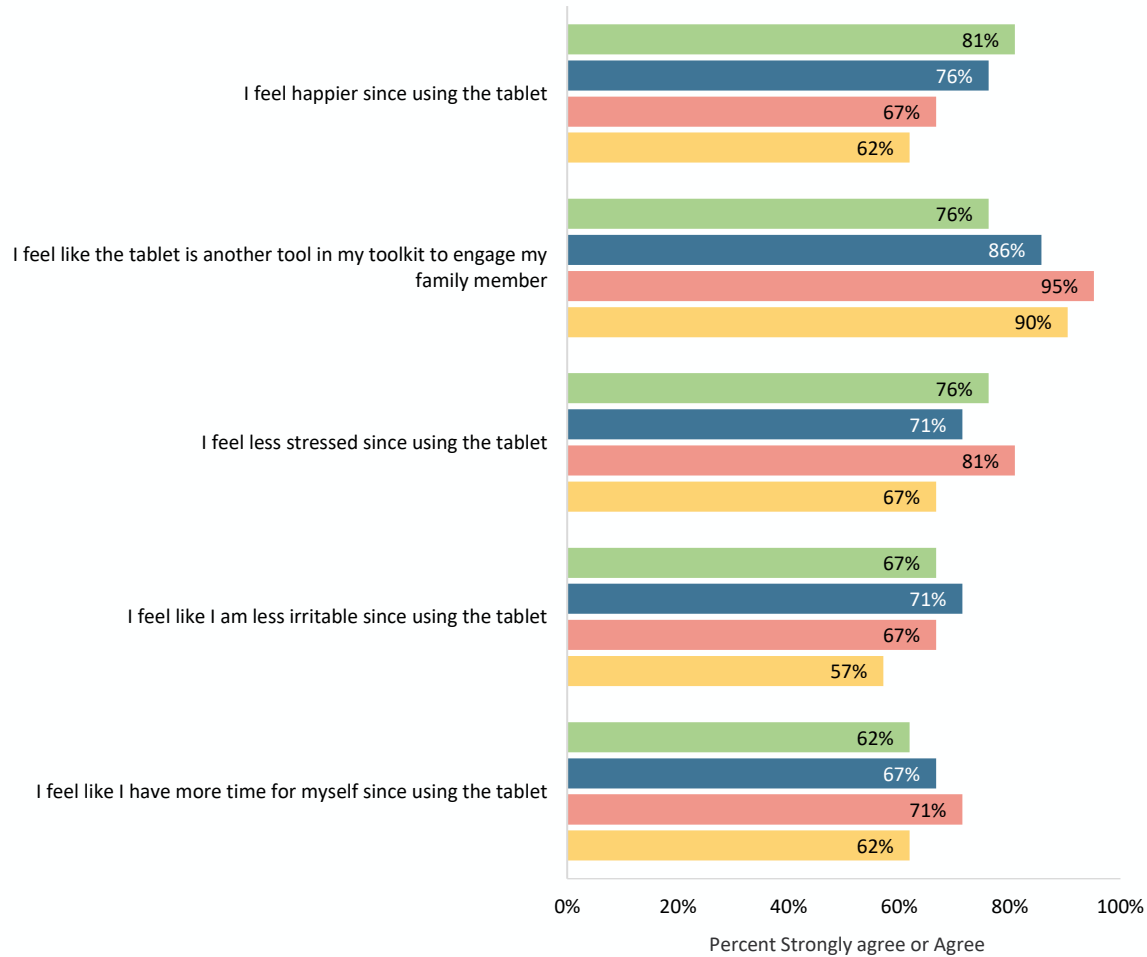
[†]Based on 3-item UCLA Loneliness Scale; Hughes et al. (2004); Steptoe et al. (2013)



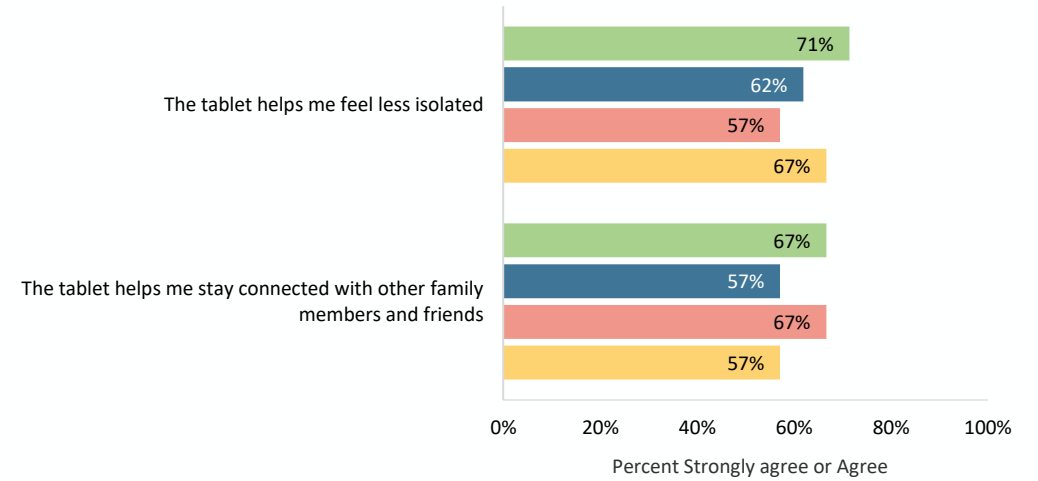
Consistent Positive Impact on Caregiver Well-Being and Connection



Well-Being



Connection



- 12-mos
- 9-mos
- 6-mos
- 3-mos

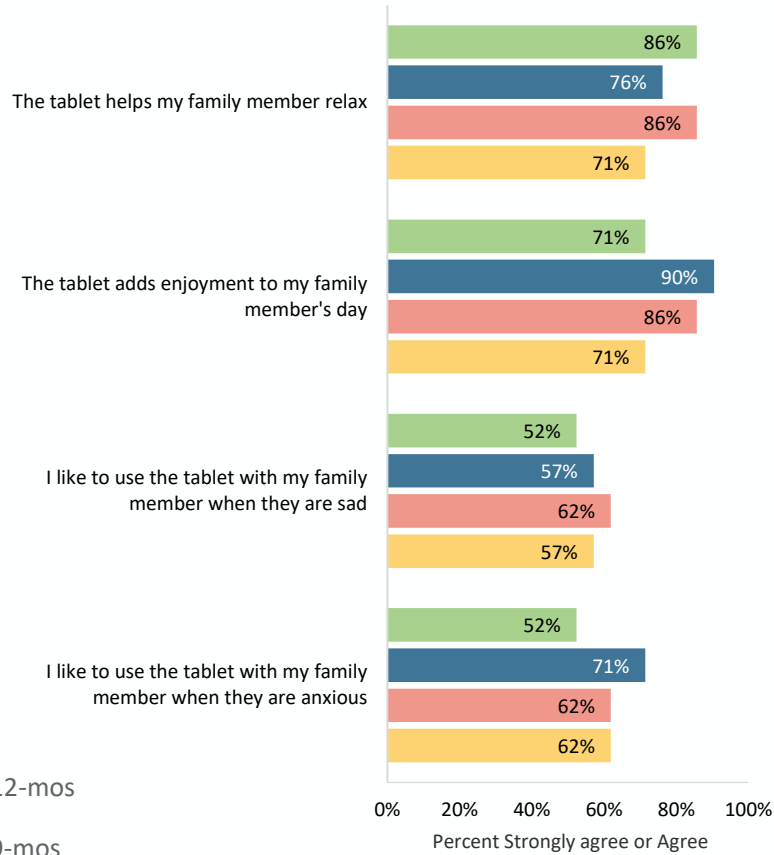
*Note: n = 20 for the 3-month and 9-month data due to missing participant data



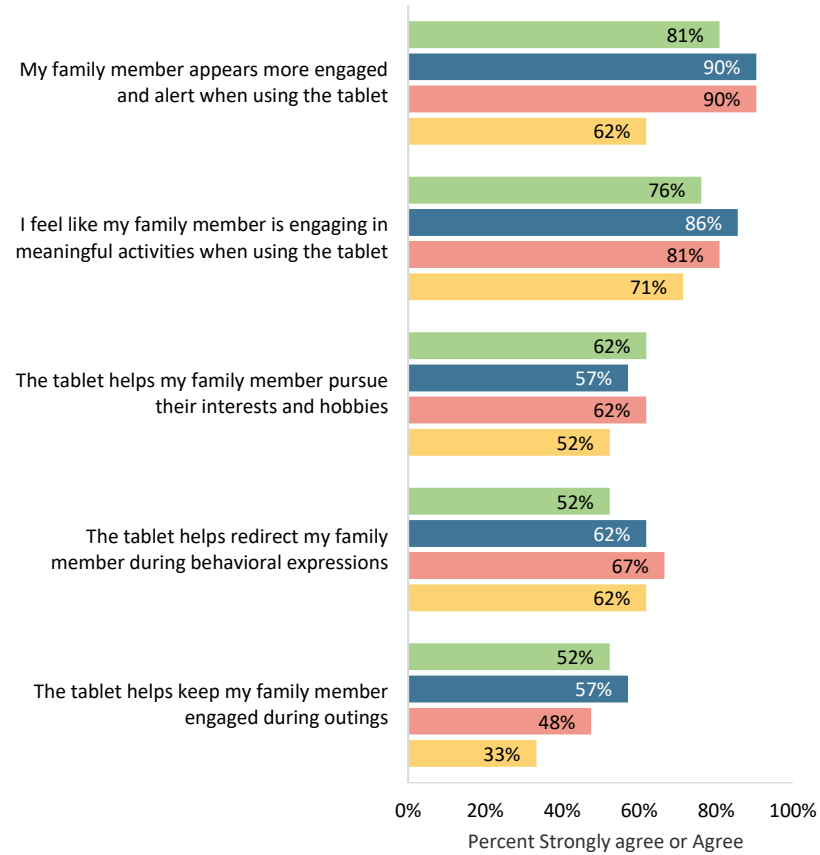
Consistent Positive Impact on Family Member's Well-Being, Engagement, and Connection



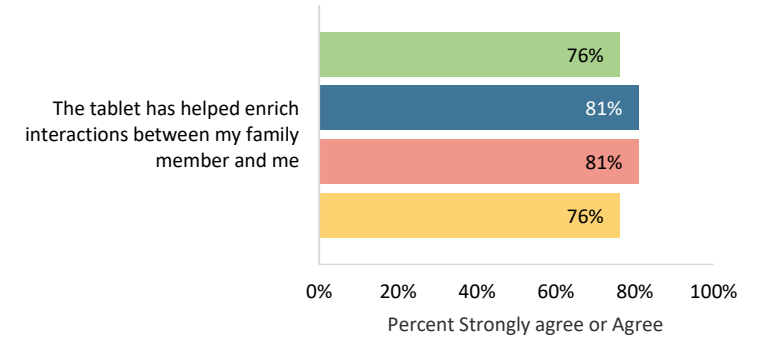
Well-Being



Engagement



Connection



- 12-mos
- 9-mos
- 6-mos
- 3-mos

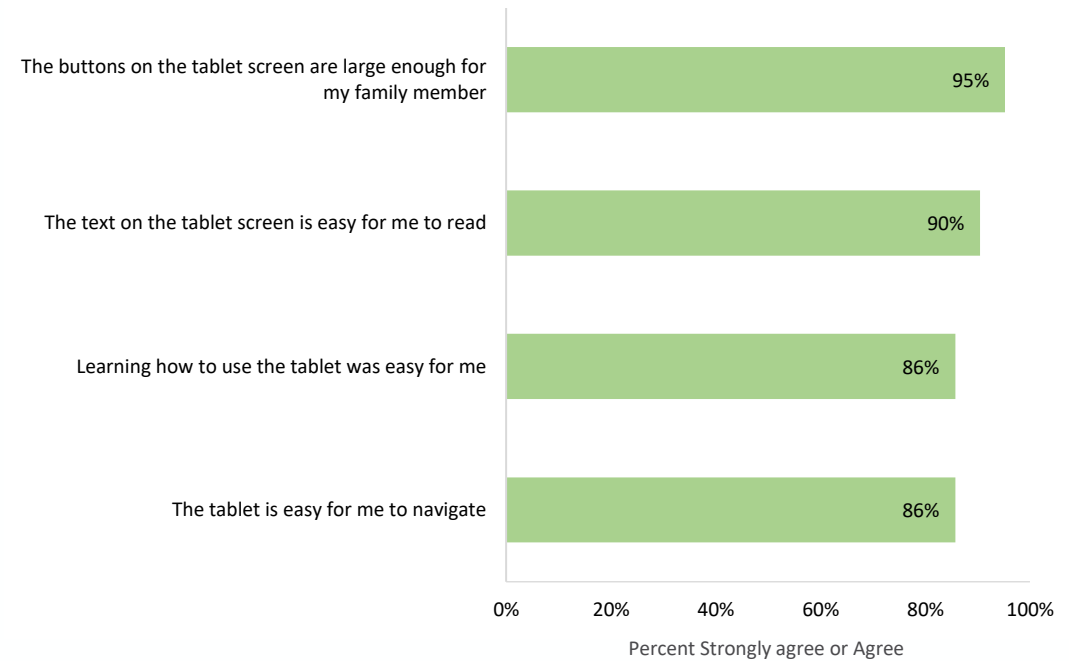
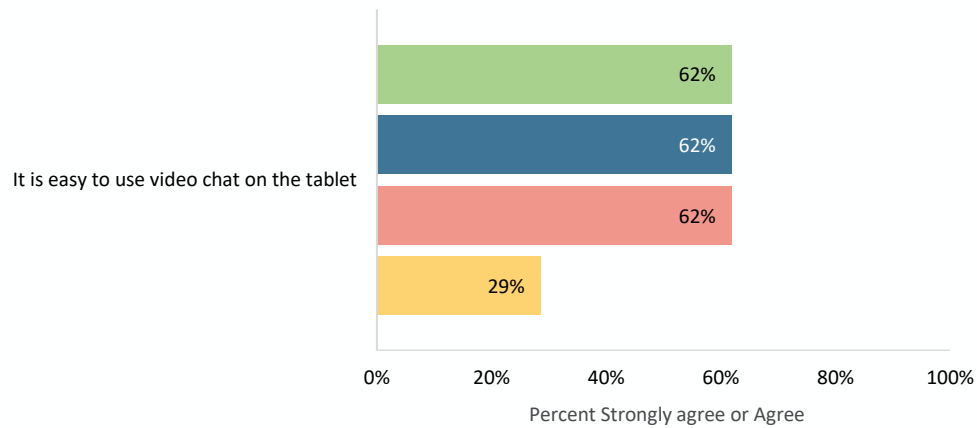
81% Strongly agreed or agreed that their family member enjoys using the tablet overall

*Note: n = 20 for the 3-month and 9-month data due to missing participant data



Consistency in Video Chat Ease of Use

Strong agreement for usability of other tablet features still observed



- 12-mos
- 9-mos
- 6-mos
- 3-mos

95% Strongly agreed or agreed that the tablet is easy to use with their family member

*Note: n = 20 for the 3-month and 9-month data due to missing participant data

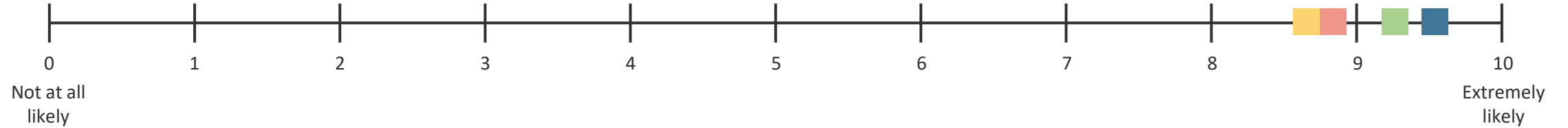


Strong Advocates for Tablet Adoption By Others



“How likely are you to recommend the iN2L tablet to friends or family?”

Average score



- 12-mos
- 9-mos
- 6-mos
- 3-mos

*Note: n = 20 for the 3-month and 9-month data due to missing participant data



Positive Feelings About the Tablets

The tablet is fantastic.

I really love all the games and music, and mostly the video calling feature.

Participant says she is grateful to have the opportunity to use a tablet.
--Case manager

iNO2L™

spark • engage • shine