

iN2L & FL-AAA (Broward County) 6-Month Survey Report

September 2021

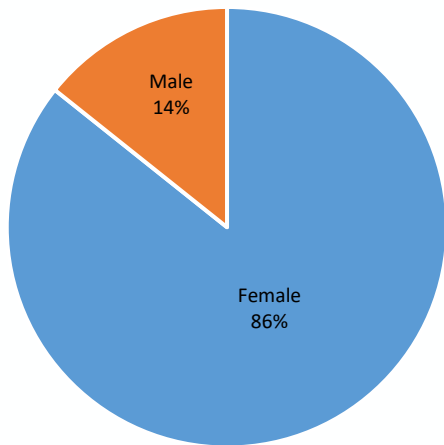
Independent older adults



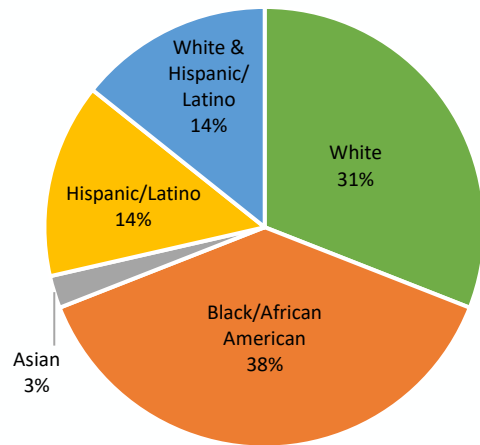
Mostly Female, Black/African American, Living Alone, With Some Mobile Device Experience

- N = 42*
- Age: 64-92 years (average 77 years)

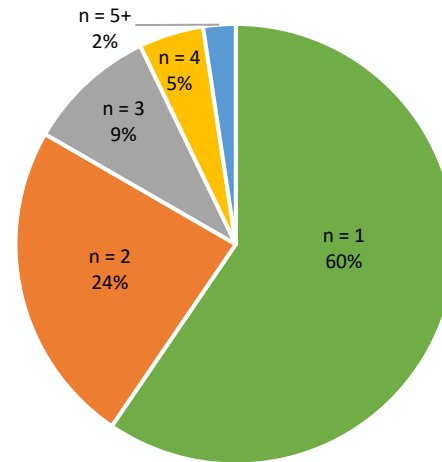
Sex



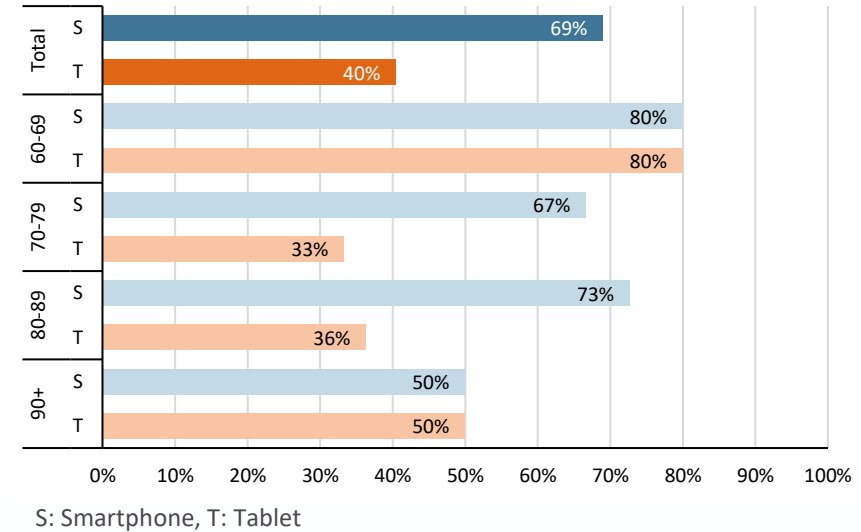
Race/ethnicity



Household size (including self)



Prior mobile device experience
Percentage Yes



*N represents number of participants with Pre, 3-month, & 6-month data



Continued Reduction in Loneliness, Feelings of Depression & Anxiety

	Pre	3-months	6-months	Trend
Loneliness [†]	31%	24%	14%	●
Feelings of depression [^]	26%	--	19%	●
Feelings of anxiety [#]	24%	--	21%	●

[†] UCLA Loneliness Scale (3-item). % represent individuals who scored as Lonely.

[^] CES-D-R-10; screening for feelings of depression, not diagnosis. % represent individuals who scored as having elevated feelings of depression.

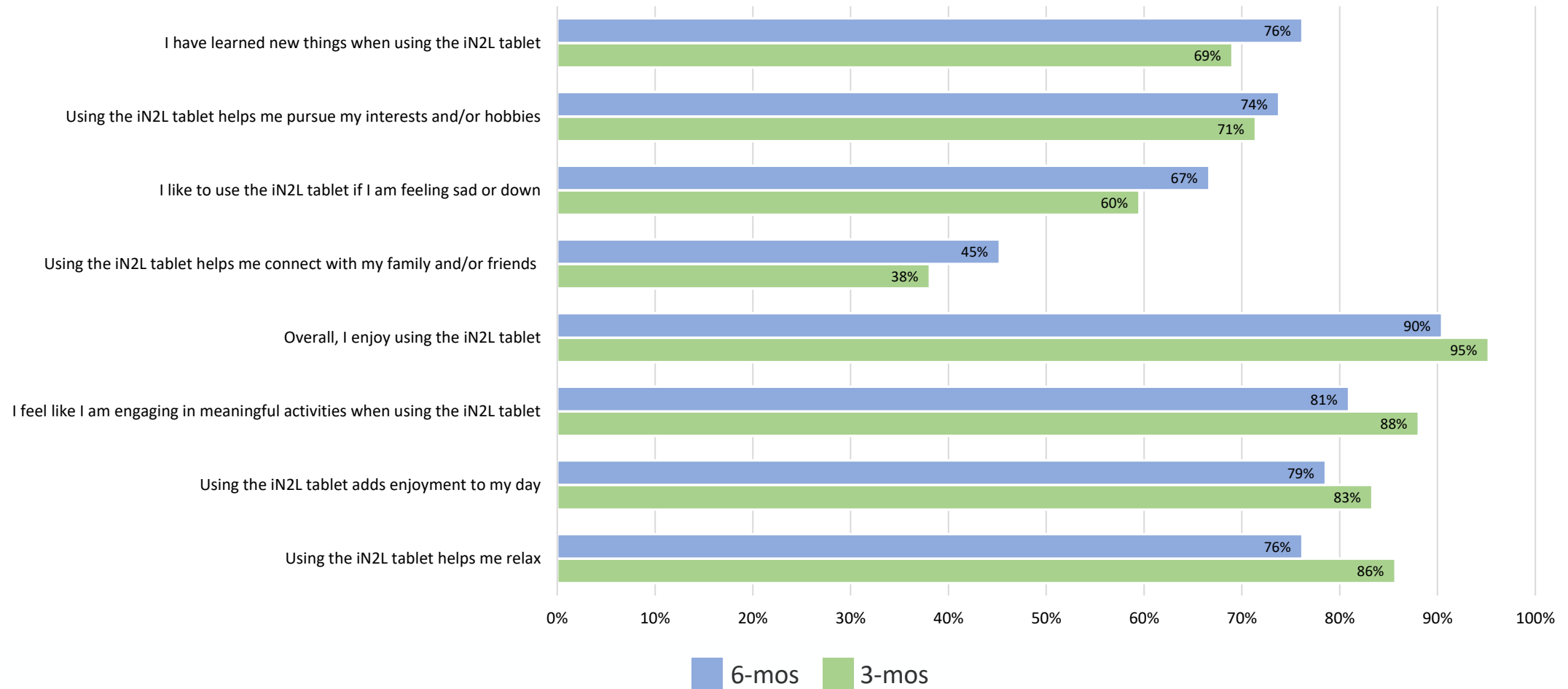
[#] GAD-7; screening for feelings of anxiety, not diagnosis. % represent individuals who scored greater than 'no or minimal' feelings of anxiety (i.e., mild, moderate, or severe anxiety).



Well-Being Boosted by Tablet Use

Learning, pursuing interests/hobbies, helping with sadness, and social connection continue to make gains

Percentage who Strongly Agreed or Agreed

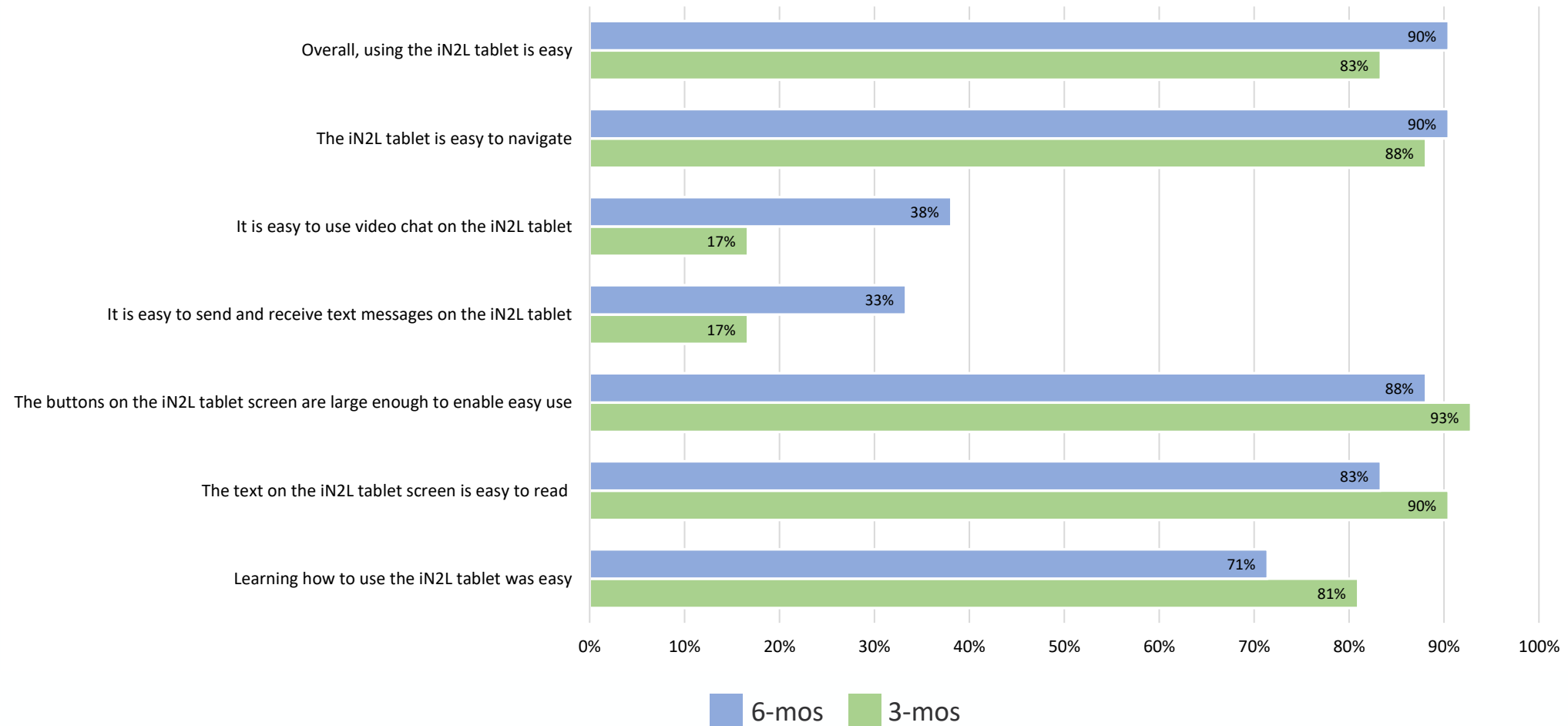




Ease of Use Drives Enhanced Social Connections

Video chat and text messaging ease of use may be linked to decreased loneliness this quarter

Percentage who Strongly Agreed or Agreed

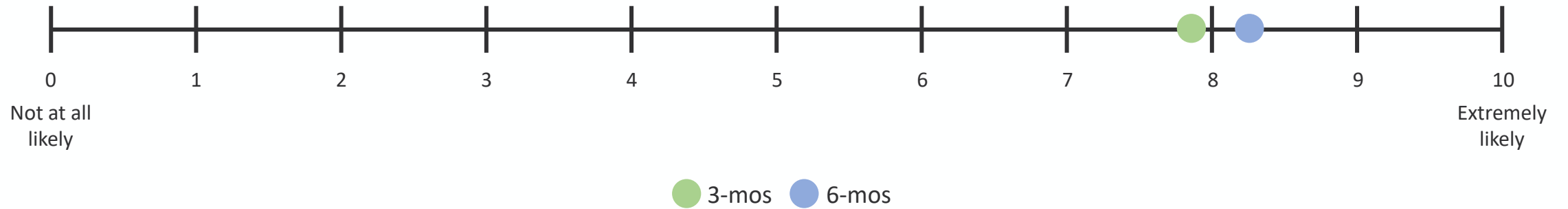




Strong Advocates for Others to Adopt Tablets

“How likely are you to recommend the iN2L tablet to friends or family?”

Average score



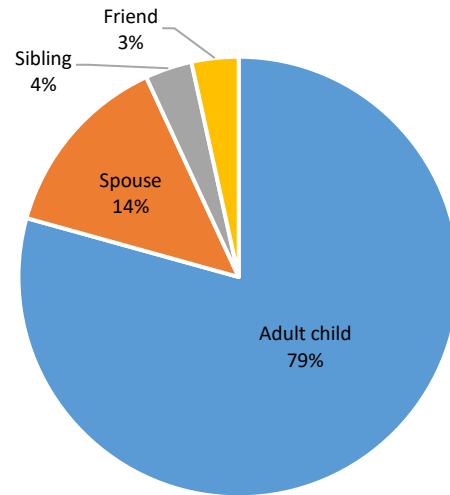
Family caregivers



Caregivers Mostly Adult Children With Mobile Device Experience

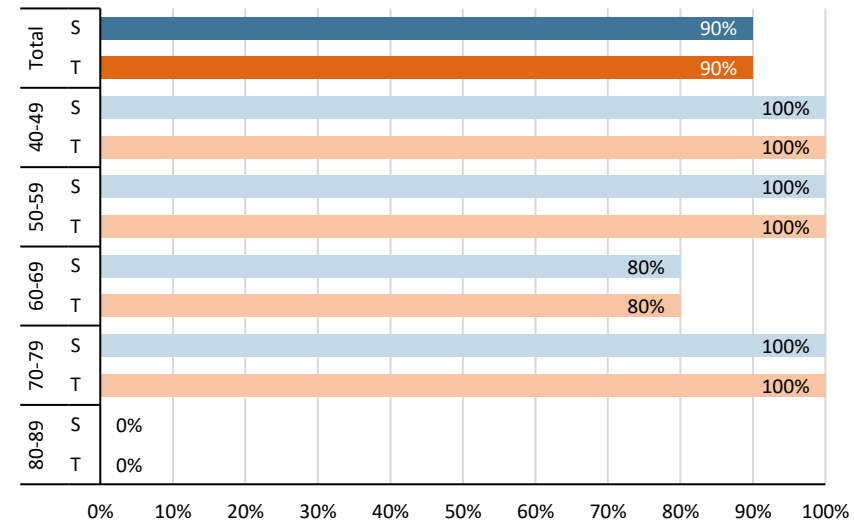
- N = 30 dyads (caregiver-family member with dementia)*
- Age of caregiver: 42-81 years (average 60 years)

Caregiver relationship to family member



Prior mobile device experience

Percentage Yes



S: Smartphone, T: Tablet

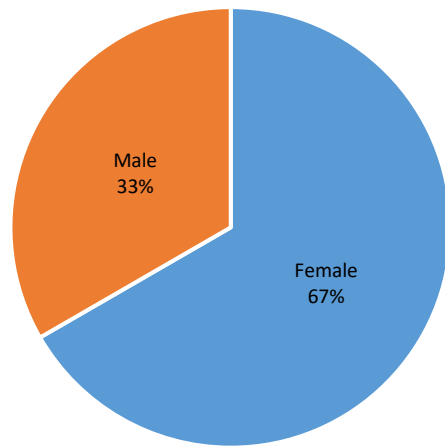
*N represents number of participants with Pre, 3-month, & 6-month data



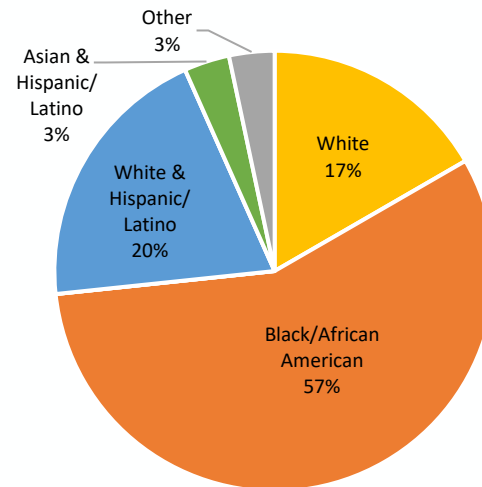
Family Members With Dementia Mostly Female, Black/African American, With Some Mobile Device Experience

- N = 30 dyads (caregiver-family member with dementia)*
- Age of family member with dementia: 65-96 years (average 82 years)

Sex

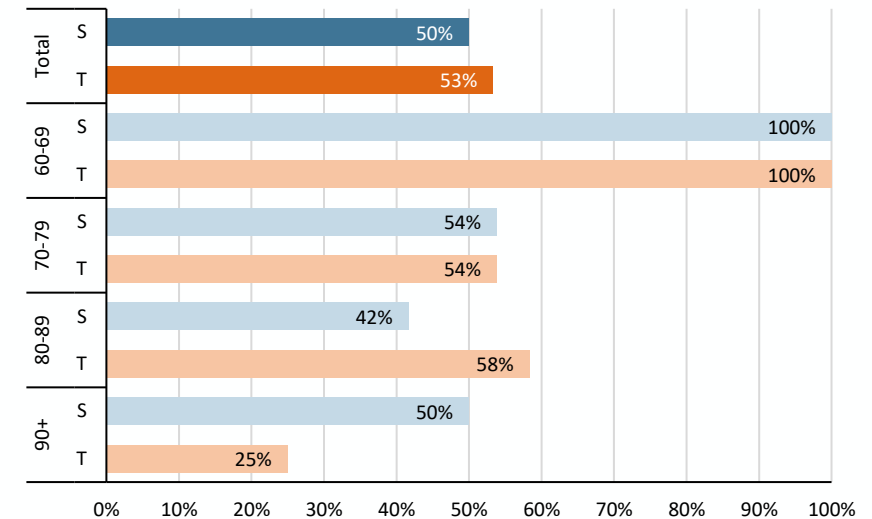


Race/ethnicity



Prior mobile device experience

Percentage Yes




S: Smartphone, T: Tablet

*N represents number of participants with Pre, 3-month, & 6-month data



Caregiver Loneliness Continues to Decline with Tablet Use

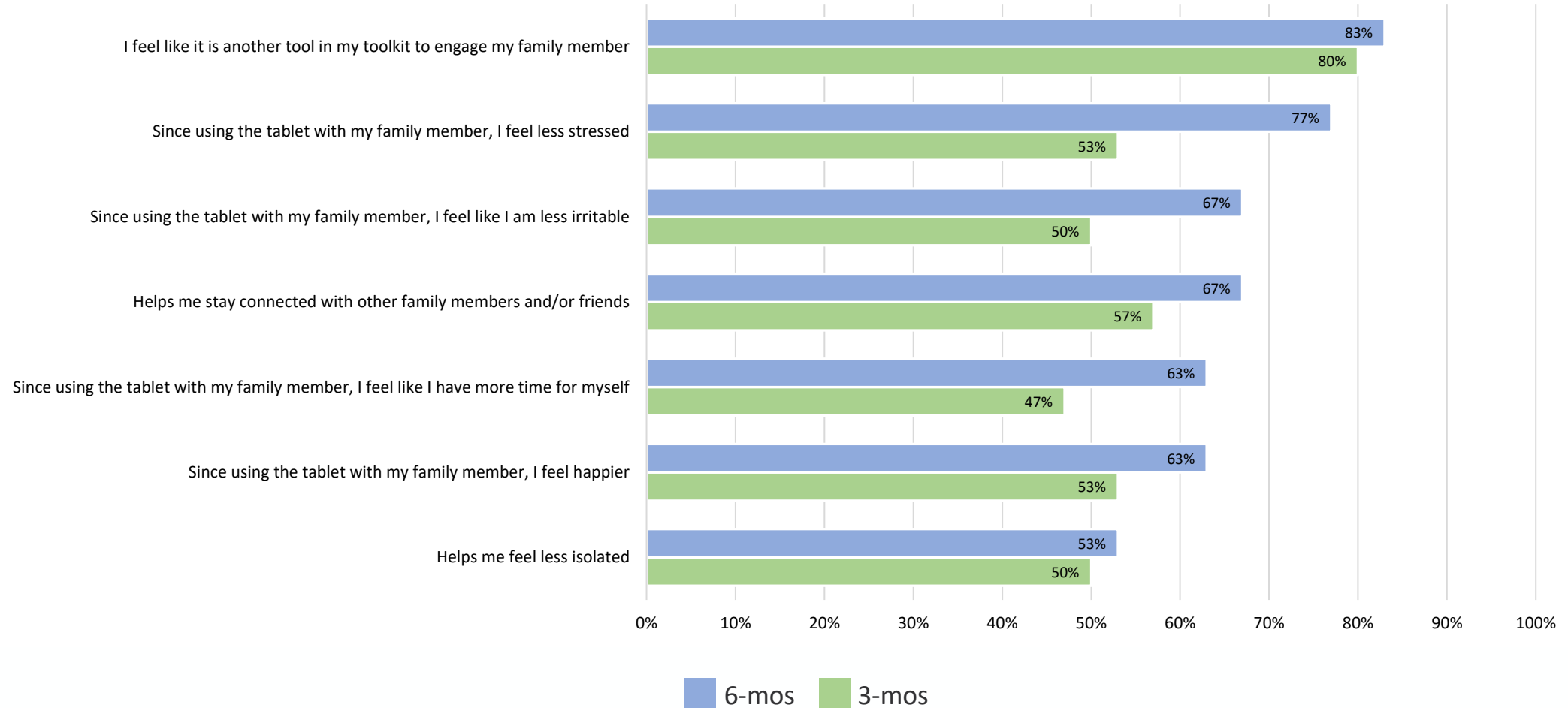
	Pre	3-months	6-months	Trend
Loneliness [†]	37%	33%	33%	

[†] UCLA Loneliness Scale (3-item). % represent individuals who scored as Lonely.



Caregiver Well-Being Positively Impacted by Tablets **iN2L**TM

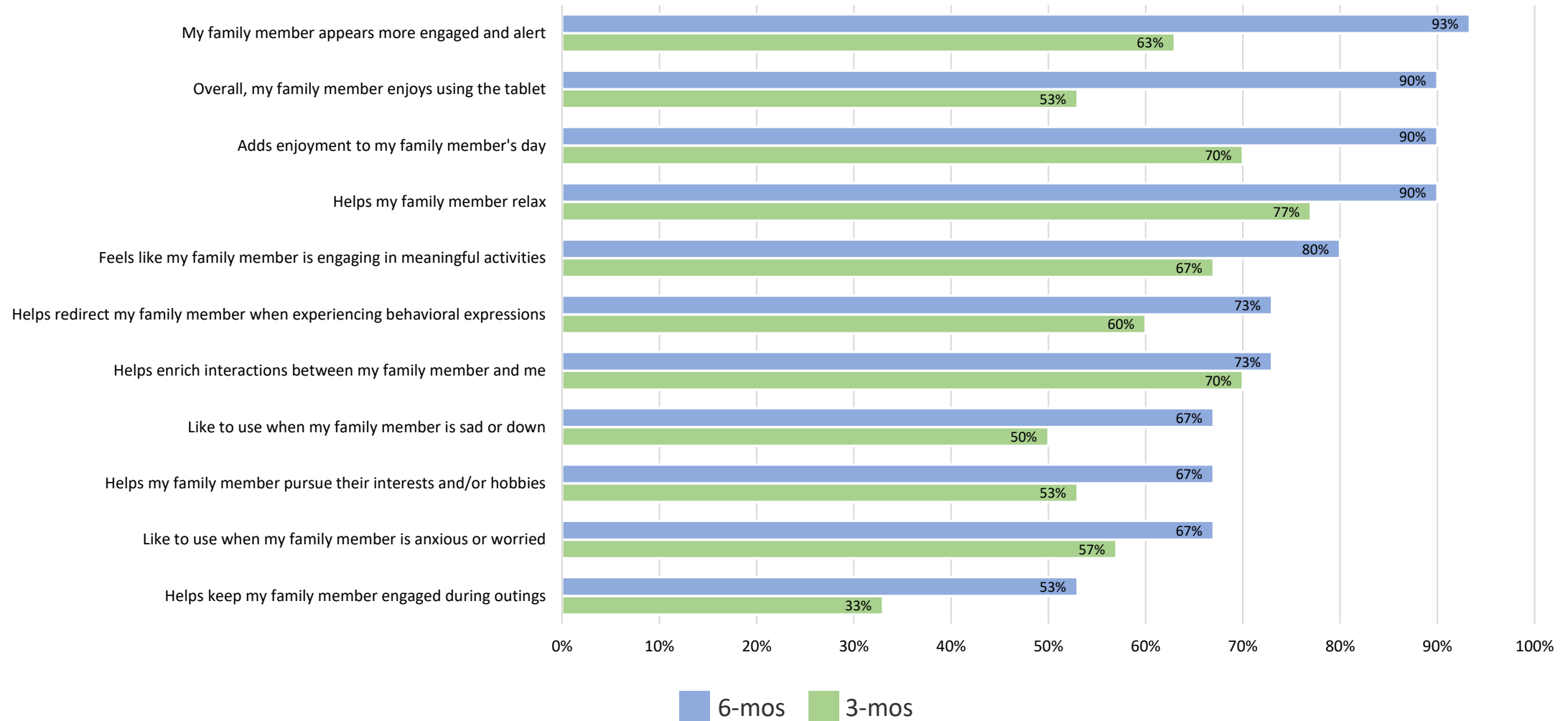
Percentage who Strongly Agreed or Agreed





Robust Impact on Family Member's Well-Being by Tablet Use

Percentage who Strongly Agreed or Agreed

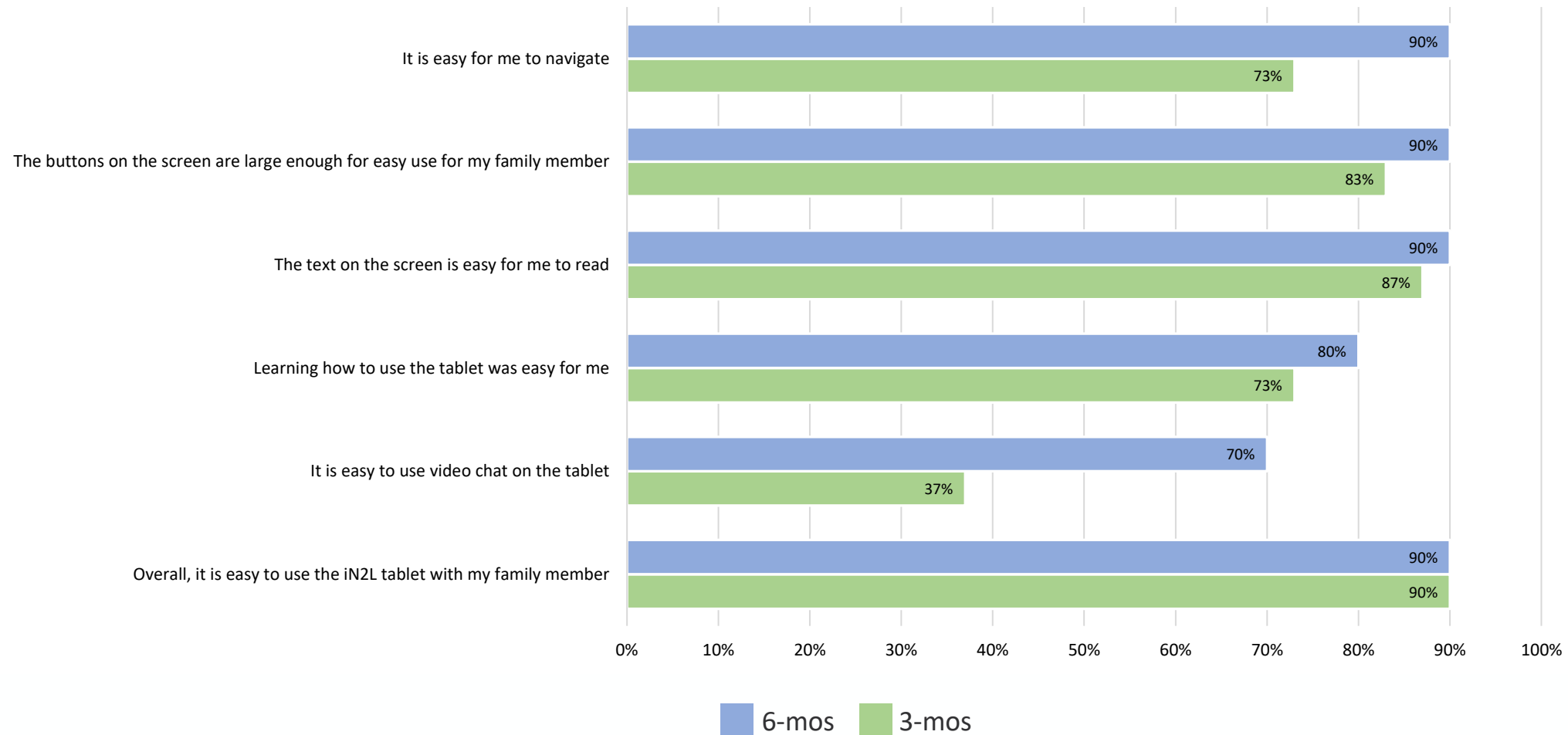




Ease of Use Drives Improved Impact on Well-Being

Increased usability of tablets can help caregivers more successfully engage their family member

Percentage who Strongly Agreed or Agreed





Strong Advocates for Others to Adopt Tablets

“How likely are you to recommend the iN2L tablet to friends or family?”

Average score

