

iN2L & FL-AAA 3-Month Survey Report

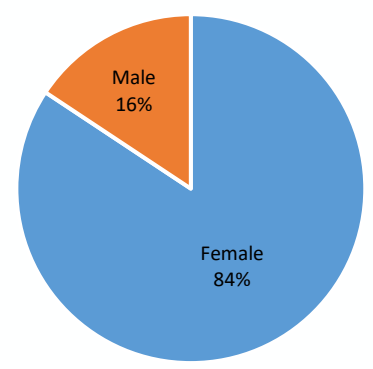
Independent older adults



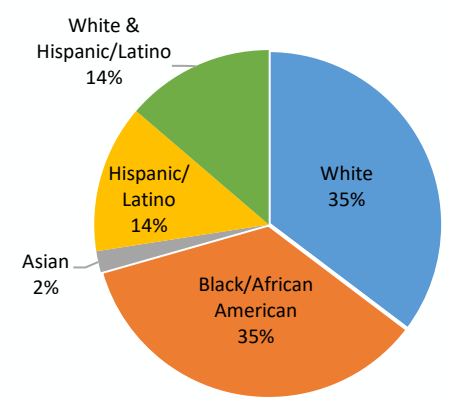
Mostly female, White or Black/African American, living alone, with some mobile device experience

- N = 51*
- Age: 64-92 years (average 77 years)

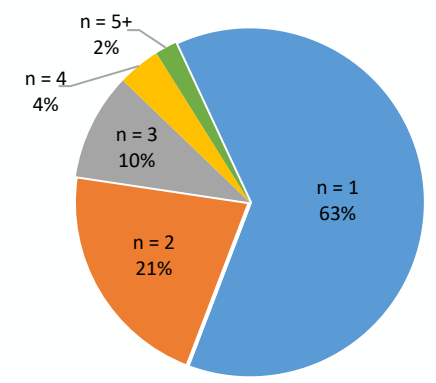
Sex



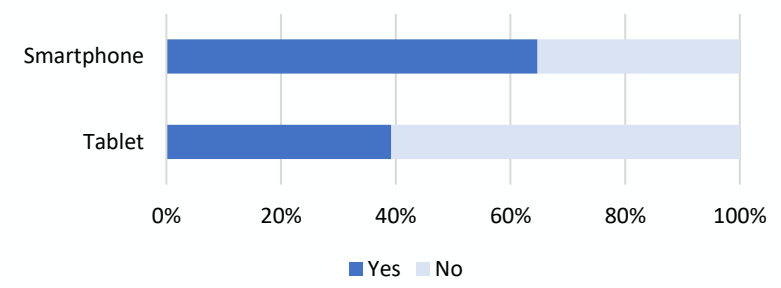
Race/ethnicity



Household size (including self)



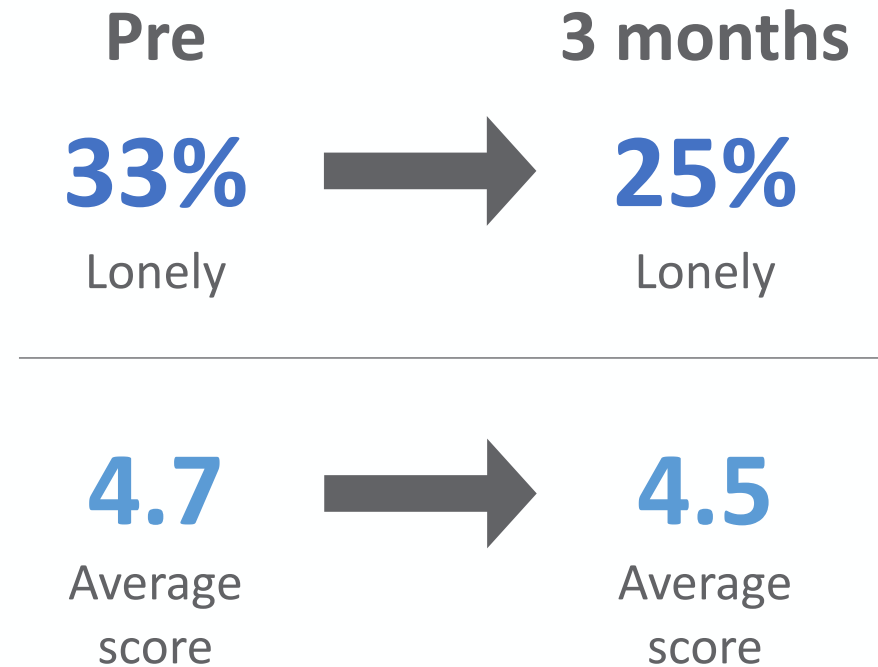
Prior mobile device experience



*N represents number of participants who are currently enrolled and have both pre and 3-month survey data



Loneliness decreased



UCLA Loneliness Scale (3 item) Scoring

3-5: Not Lonely

6-9: Lonely

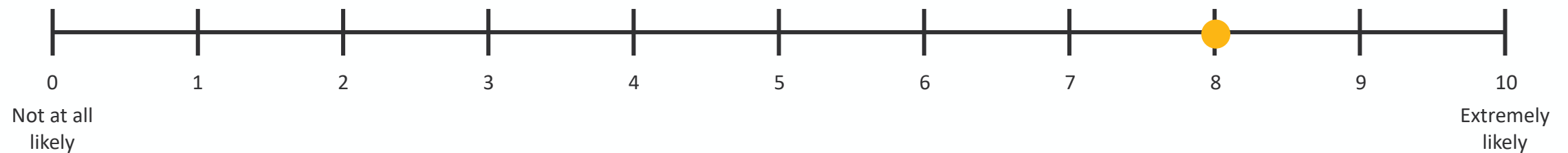


Consistency between expectations and reality

Top 5 expectations for tablet use upon implementation matched perfectly with use at 3 months

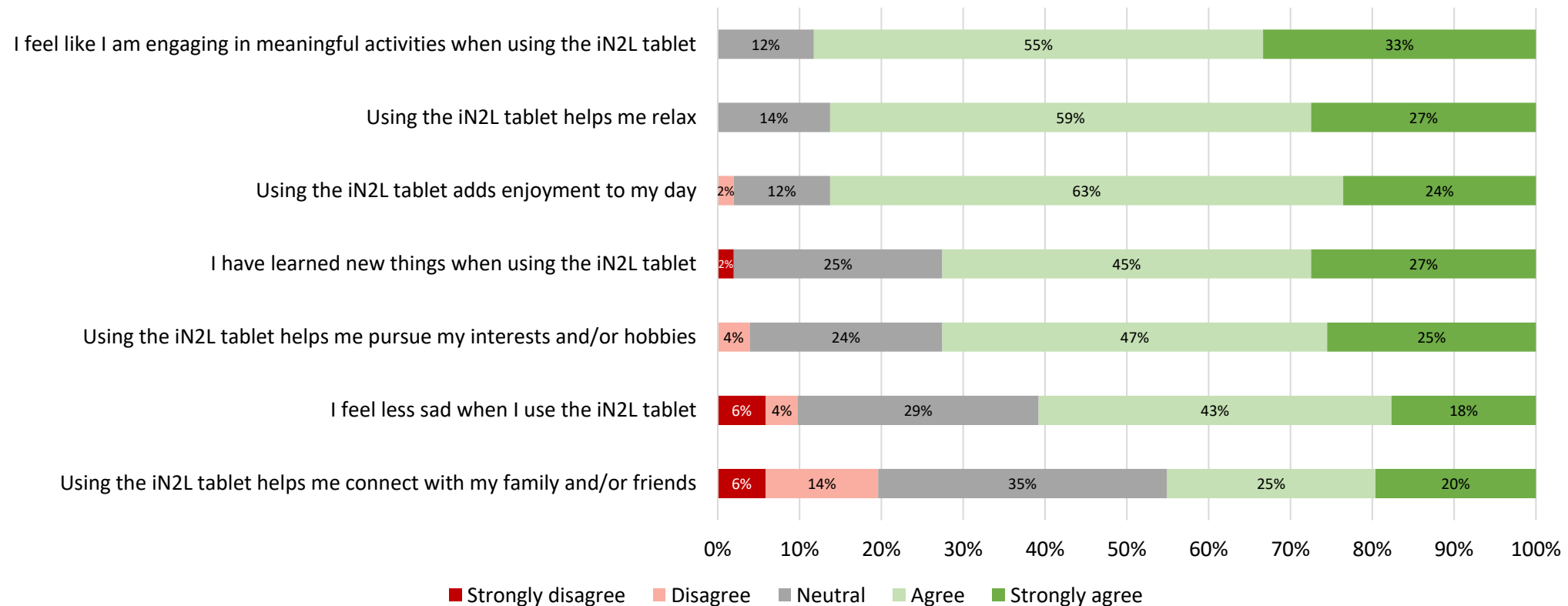
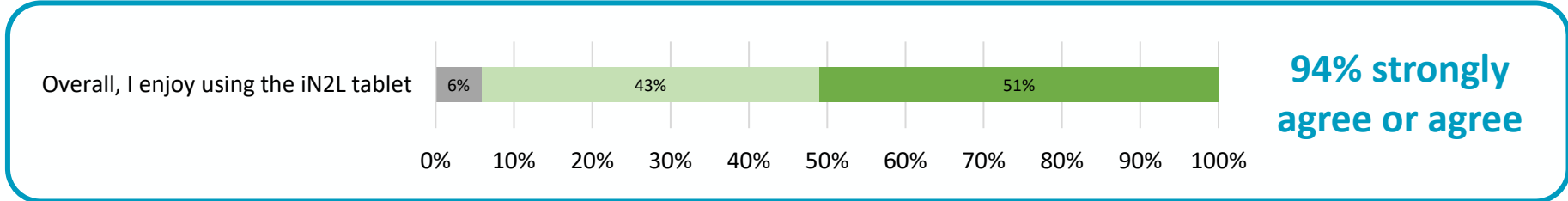
1. Engaging in meaningful activities
2. Helping with relaxation
3. Adding enjoyment to the day
4. Learning new things
5. Helping to pursue interests and/or hobbies

High likelihood of recommending tablets





Tablets have positive impact on well-being





Positive feelings about tablets and program

Thank you for such a beautiful gesture of providing us seniors a form of entertainment during the pandemic.

It's a wonderful thing to have if you're alone. I can do many things on it when I have the time.

Absolutely incredible, I enjoy it on a daily basis. Thank you, very appreciative.

It impacts me positive[ely] because I can play games, look up topics of interest, and learn new things.

This has been a great program. I hope we can continue to use our tablets. I couldn't afford one. Thank you for helping get in this program.

Helps me enjoy my day. I find I can be doing different things and learn new things with the tablet.

It's opened up for other things for me to do, like the games and movies give me things to do, and I can contact people on it.

I would strongly recommend to people without access to/without knowledge of other tech devices (computer, smart phone, etc.), and to those whose interaction with others is limited.

From a case manager: Participant enjoys the tablet and is in tears on the phone saying she is so glad we have this.

Family caregivers



Family members mostly female, Black/African American, with some mobile device experience

Caregivers mostly adult children with mobile device experience

N = 39 dyads*

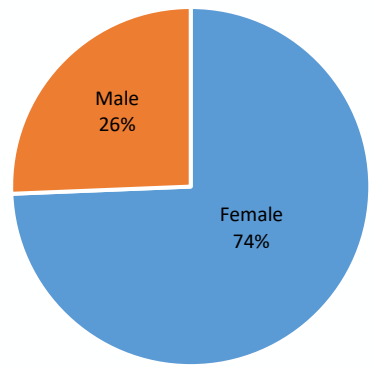
Family member with dementia

- Age: 63-97 years (average 82 years)

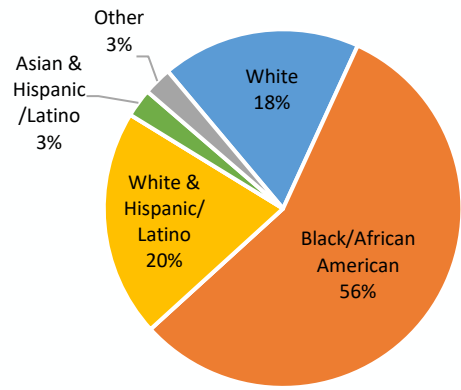
Caregiver

- Age: 35-81 years (average 59 years)

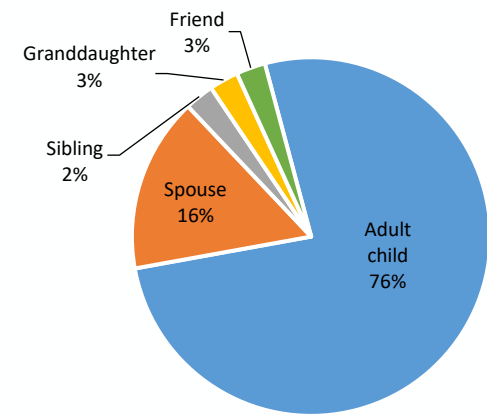
Sex of family member



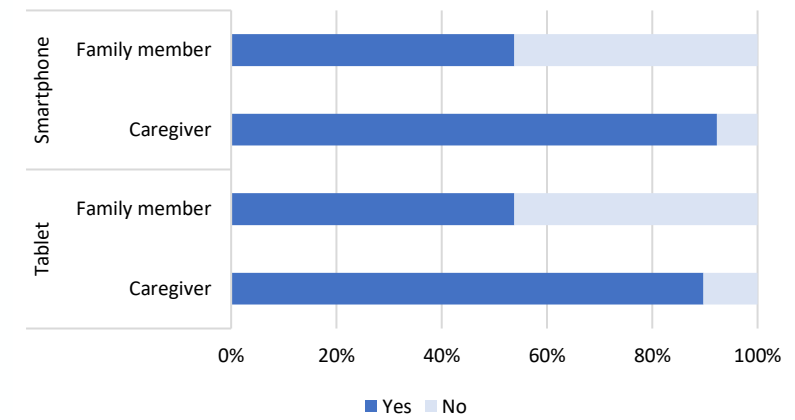
Race/ethnicity of family member



Caregiver relationship to family member



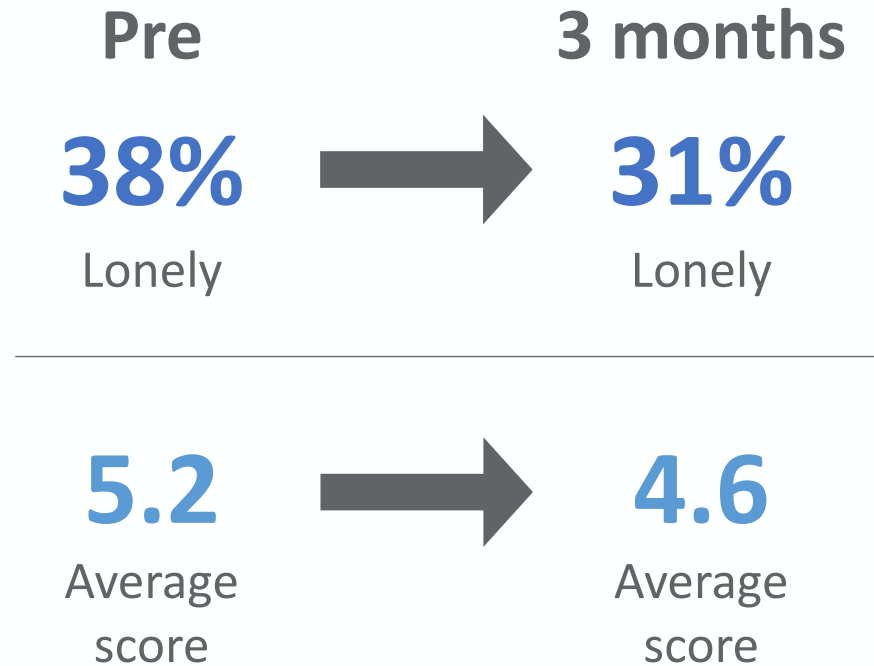
Prior mobile device experience



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Caregiver loneliness decreased



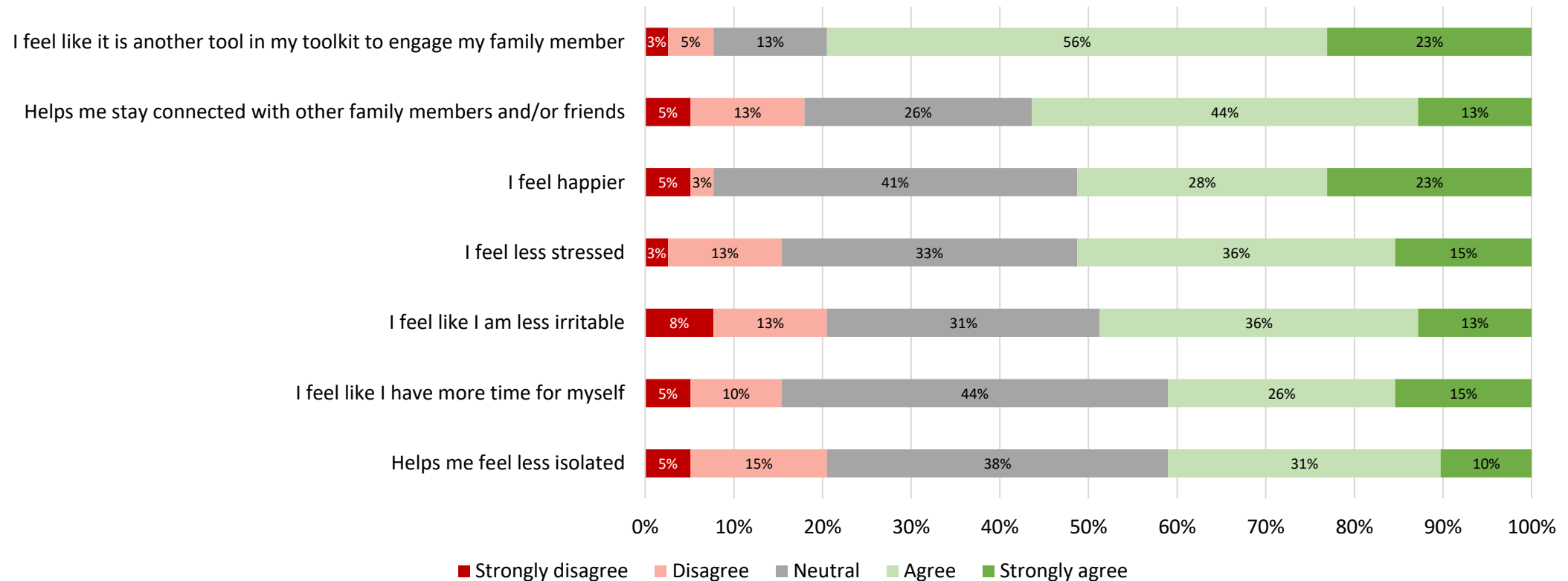
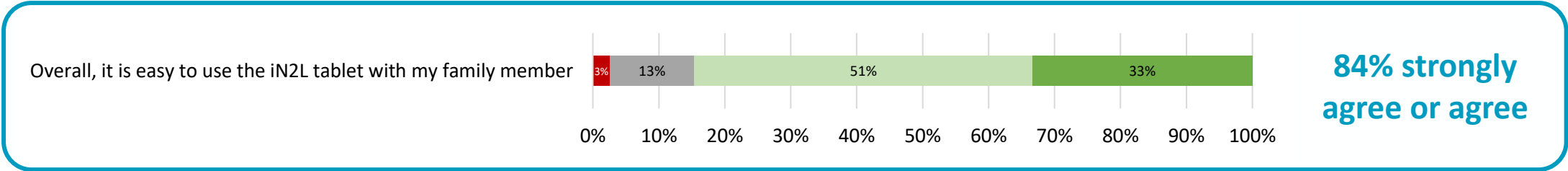
UCLA Loneliness Scale (3 item) Scoring

3-5: Not Lonely

6-9: Lonely



Tablets have positive impact on caregiver well-being



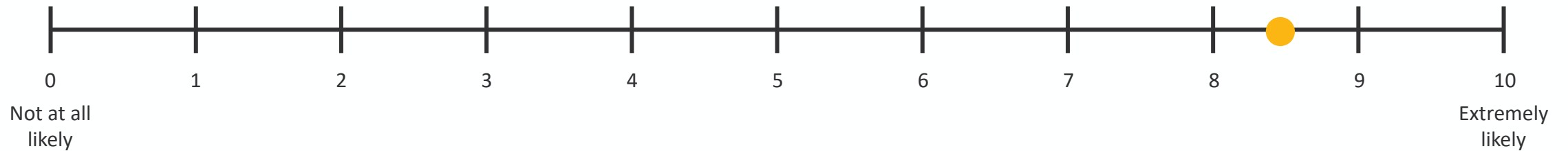


Consistency between caregiver's expectations and reality

Top 5 expectations for tablet use upon implementation matched perfectly with use at 3 months

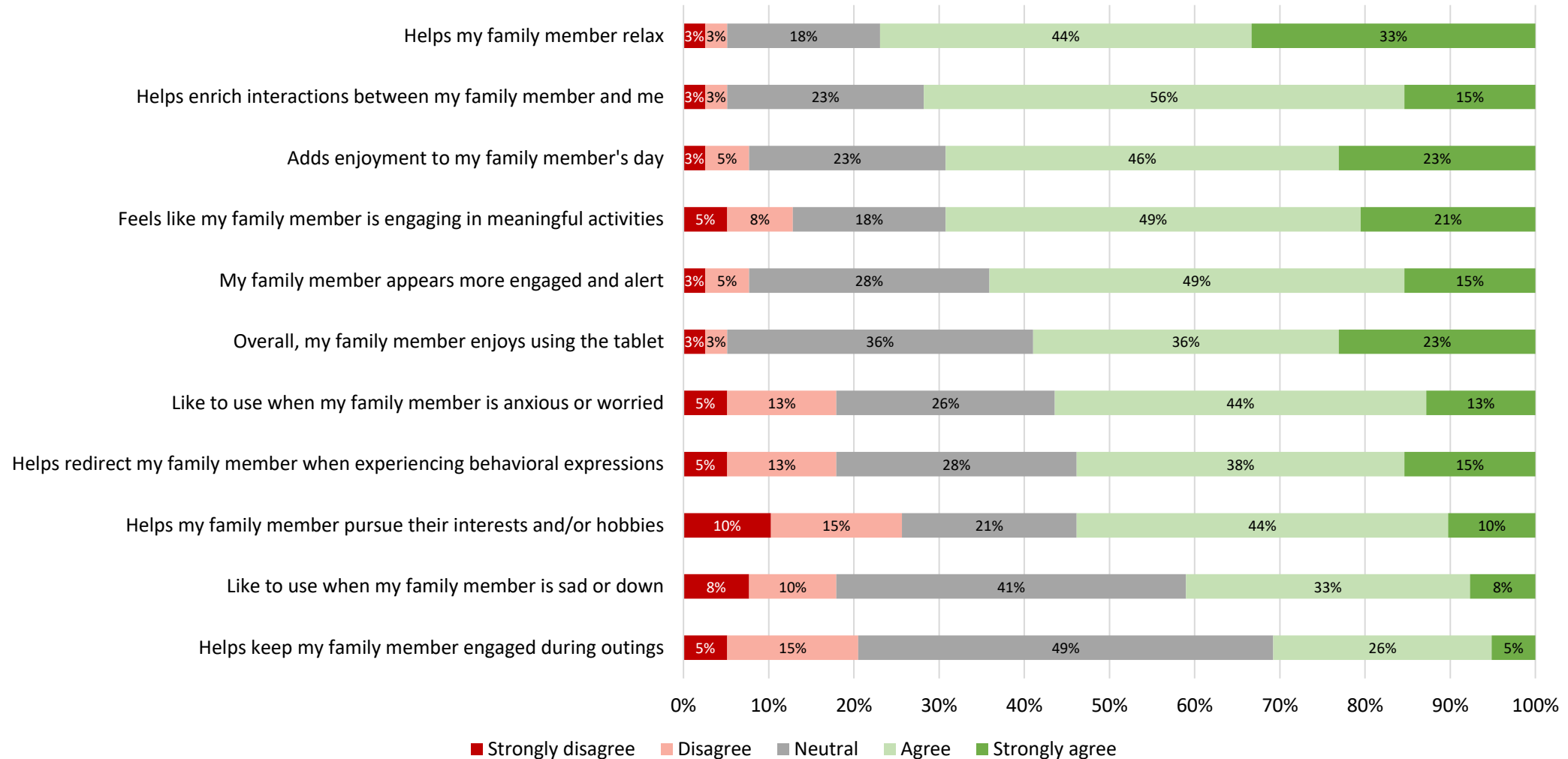
1. Helping family member relax
2. Helping enrich interactions between family member and caregiver
3. Adding enjoyment to family member's day
4. Family member engaging in meaningful activities
5. Family member appearing more engaged and alert

High likelihood of recommending tablets





Tablets add to family member's well-being





Caregivers feel positively about tablets

The tablet is good for my mom and helps her relax. I enjoy using the tablet as well.

I am more relaxed knowing she is busy doing something she enjoys.

We can spend meaningful time together.

The tablet helps her feel accomplished and helps improve her mental health.

My relationship with her is better, we talk about music and dance together.

The tablet is very useful. We can engage with the grandkids and [video call] and sing along.

[He] is more alert, not sleeping as much and walks around the house. He enjoys the games.

I think it's a wonderful tool since COVID-19.

When family member gets on the tablet and like an activity she will be on 1 or 2 hours.

She has something of her own while I am doing things and coordinating other things within our home.

I am very grateful to have been given the tablet. I feel we are fortunate to have this!