



Area Agency on Aging  
of Broward County



**DEMENTIA**  
CARE & CURE INITIATIVE

FLORIDA DEPARTMENT OF ELDER AFFAIRS

Developing Dementia-Caring Communities Across Florida

**Empowering Caregivers**

# Disaster Preparedness Conference



**Monday, June 30th, 2025**

**9:00am - 1:00pm**

**Flamingo Park Meeting Hall**

**12855 NW 8th St. Sunrise, FL 33323**

# IMPORTANT NUMBERS

<b>Emergency</b>	<b>911</b>
<b>24-hour Helpline for Crisis, Health, and Human Services Support</b>	<b>211</b>
<b>Broward County Hurricane Hotline</b>	<b>311 or 954-831-4000</b>
<b>Broward Emergency Management For Special Needs Shelter Registration</b>	<b>954-831-3902 / TTY 954-831-3940</b>
<b>Broward County School District Hotline</b>	<b>754-321-0321</b>
<b>FEMA Hotline</b>	<b>1-800-621-3362 / TTY 1-800-462-7585</b>
<b>Broward County Emergency Management</b>	<b>954-831-3900</b>
<b>Broward County Animal Care and Adoption</b>	<b>954-359-1313</b>
<b>Insurance—State of Florida Department of Financial Services Hurricane Helpline</b>	<b>1-800-22-STORM (78676) / TTY 1-850-413-3089</b>
<b>Price Gouging Hotline</b>	<b>1-866-966-7226</b>
<b>Broward County Environmental and Consumer Protection</b>	<b>954-357-5350</b>
<b>Broward County Solid Waste and Recycling Services</b>	<b>954-765-4999</b>
<b>Broward County Paratransit Services</b>	<b>1-866-682-2258</b>
<b>Broward County Transit</b>	<b>954-357-8400 / TTY 954-357-8302</b>
<b>Homeless Information</b>	<b>954-563-HELP / 954-563-4357</b>

**Stay Connected with Us Before, During, and After a Storm!**

 @ReadyBroward  Facebook.com/BrowardCountyGovernment  
Emergency Hotline: 311 or 954-831-4000 | Subscribe: Visit [Broward.org/Hurricane](https://www.broward.org/Hurricane)

Revised 5/202324 EM202391865

Dear Friends,

Welcome to the Empowering Caregiver's Disaster Preparedness Conference. We're so glad you're here.

Living in Florida, we all know how quickly a storm can turn into a serious emergency. Hurricanes, flooding, and extreme heat are part of life in our beautiful state—but with the right preparation, we can stay safe and protect the people we care about most.

Older adults face unique challenges during disasters. Nearly 70% of Floridians aged 65 and older live with at least one chronic health condition, and many rely on electricity for medical equipment, transportation for evacuation, or caregivers for daily tasks. At the same time, caregivers often carry the responsibility of planning ahead for both themselves and their loved ones. That's no small task—but you don't have to do it alone.



This conference is designed just for you—Florida's older adults and the family, friends, and neighbors who care for them. Our goal is to give you tools, tips, and confidence to prepare before a disaster strikes.

Here are a few key reminders as you take part in today's event:

- Register with your county's special needs shelter program if you rely on oxygen, electricity, or medical care. Each Florida county offers this free service.
- Pack a "go-kit" with at least 7 days' worth of medications, medical supplies, food, water, and copies of important documents.
- Keep an updated emergency contact list that includes doctors, pharmacies, and local caregivers.
- Make a plan for your pets—many shelters accept them, but not all, so check in advance.
- Sign up for emergency alerts from your county and stay tuned to local news during hurricane season (June 1 – November 30).

Today you'll hear from people who understand what it's like to prepare for storms, care for loved ones, and recover after disaster. Take time to ask questions, share your own stories, and connect with others who are here to help.

Thank you for being part of this important day. Together, we can prepare, protect, and support one another—before, during, and after any storm that comes our way.

With warm wishes for safety and peace of mind.

Warm regards,

A handwritten signature in black ink that reads "Charlotte C. Mather-Taylor". The script is fluid and cursive.

Charlotte Mather-Taylor  
Chief Executive Officer, AAABC





Area Agency on Aging  
of Broward County



## CONNECTING SENIORS TO SERVICES

- HELPLINE - REFERRAL SERVICES
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**Elder**  
**Affairs**  
FLORIDA



# CONFERENCE AGENDA

## **Check in & Coffee**

9:00 a.m.- 9:30 a.m.

## **Welcome**

Charlotte Mather-Taylor, CEO, Area Agency on Aging of Broward County  
Broward County Commissioner & AAABC Board President Senator Nan Rich

9:30 a.m.- 9:40 a.m.

## **Building Your Own Response Plan-Resources Available to You & What to Expect - Part I**

9:40 a.m.- 10:40 a.m.

## **Building Your Own Response Plan-Resources Available to You & What to Expect - Part II**

10:40 a.m.-11:40 a.m.

## **Lunch**

10:40 a.m.-11:40 a.m.

## **Hurricane Season and Heat Season**

## **Conference Wrap-Up**

12:40 p.m.-1:00 p.m.

# **BUILDING YOUR OWN RESPONSE PLAN-RESOURCES AVAILABLE TO YOU & WHAT TO EXPECT - PART I**



## **Nancy Dzoba Community Volunteer Leader, American Red Cross**

Nancy Dzoba began her public safety communications career in 1976 with the City of Fort Lauderdale, holding leadership roles in combined law enforcement and fire/rescue centers. A recognized expert in interoperability, she served as both Regional and Statewide

Chair of the Florida Domestic Security Task Force Interoperable Communications Workgroup, leading major coordination efforts across agencies and representing Florida at national forums.

Following her retirement from government, she served as a subject matter expert for the U.S. Department of Homeland Security's Interoperable Communications Technical Assistance Program (ICTAP) from 2010 to 2021, supporting national training and planning initiatives.

Nancy has been a member of APCO International for over 35 years and was awarded Life Membership in 2004. She continues to serve her community through volunteer work with the American Red Cross, the Plantation Fire Department CERT, and the Plantation Woman's Club.



## **Andrea Busada Director, Broward County Elderly and Veterans Services Division**

Andrea Busada is the Director of the Broward County Elderly and Veterans Service Division, which has served as the Community Care for the Elderly (CCE) Lead Agency since 1986. In addition to being the

CCE Lead Agency, the Division also provides a transitional housing program; two consumer-directed care stipend programs; Veterans services; emergency financial assistance; mental health screening and counseling, medication management, and OAA Title III caregiver training and support to approximately 3,200 Broward County residents each year. She is the Immediate Past President of the FASP Board of Directors; the District X representative on the FCOA Board of Trustees; a member of the Broward Dementia Care and Cure Initiative Task Force; a member of the Florida Developmental Disabilities Council – Aging Caregivers Advisory Committee; and serves as the Human Services Branch Deputy Director during emergency activations. She has reported to the Broward County Emergency Operations Shelter for every hurricane activation since 2004, working throughout each event. She holds a BS in Business Management from the University of Maryland Robert H. Smith School of Business.





## **Paul Strobis**

**Director, Broward County TOPS Paratransit  
Division Assistant General Manager, Paratransit,  
Community Shuttle & Contracted Transportation –  
Broward County Transit**

Paul is a seasoned public transportation professional with 24 years of experience in providing and managing contracted paratransit, services. Paul began his paratransit career working for the Massachusetts Bay Transportation Authority in Boston and since 2011 Paul has successfully managed BCT's Paratransit Program. More recently, Paul has taken over responsibility for the Community Shuttle and contracted fixed route programs as well. Paul is also responsible for the creation and implantation of the Rider's Choice program. This program provides greater same day mobility options not previously available to Broward's disability community. Paul is also responsible for BCT's Late Shift Connect program, a program that provides on-demand and direct transportation for late shift workers when regular transit service is generally not available.



## **Doug Brightwell, MBA**

**Director, Broward County Animal  
Care and Adoption Division**

As Director of Broward County Animal Care, Doug Brightwell brings more than 20 years of comprehensive animal welfare leadership to Florida's second-largest county's official pet adoption and animal welfare agency. His passion for animal care, combined with his commitment to public service, has made him a transformative figure in the field.

Before his distinguished career in animal services, Doug honorably served in two branches of the United States Armed Forces—the Air Force and the Navy. These experiences instilled in him a deep sense of discipline, integrity, and a drive to serve others. Building on this foundation, he earned both a Bachelor of Science in Business Administration and a Master of Business Administration with a focus on Human Resources Management from Auburn University. He leveraged his education and experience while serving in distinguished roles at private and public sector animal agencies in Tennessee and Central Florida.

A Certified Animal Welfare Administrator, Doug believes in setting the highest standards of care for animals while delivering exceptional service to residents. His philosophy emphasizes education and collaboration as the cornerstones of effective animal welfare, with enforcement as a last resort.

# **BUILDING YOUR OWN RESPONSE PLAN-RESOURCES AVAILABLE TO YOU & WHAT TO EXPECT - PART II**



## **William Condon**

### **Broward County Human Services**

#### **Emergency Management – Mass Care**

Over 20 years of experience working in emergency management and shelter operations to assure the security and safety of the residents of Broward County during an emergency evacuation.

#### **Emergency Management Experience**

20+ years of experience in disaster response coordinating shelter management and operations.

- Hurricane Irene & Superstorm Sandy – NJ
- Hurricane Matthew & Hurricane Irma – FL
- Fort Lauderdale Airport Shooting
- Fort Lauderdale Floods – 2023

#### **Professional Contributions**

- Director – The Long-Term Recovery Coalition of Broward County
- Board Member – Florida Presbyterian Disaster Assistance Network
- Fort Lauderdale Affordable Housing Advisory Committee (political appointment)
- State of Florida – Auxiliary Dwelling Unit Working Group
- National Mass Care Working Group
- National Reunification Working Group

#### **Other:**

- Elder – First Presbyterian Church of Fort Lauderdale



## **Natasha Strokin**

### **Corporate Director of Emergency Management Memorial Healthcare System**

Natasha Strokin joined Memorial Healthcare System in November 2019 as the Corporate Director of Emergency Preparedness. She holds a Master of Public Administration and a graduate certificate in

Homeland Security and Emergency Management from Florida International University, and earned the Florida Professional Emergency Manager certification in 2023. She supports emergency planning, training, and response for six hospitals and multiple operational entities.

Previously, Natasha was Director of Public Health Preparedness for the Florida Department of Health's Region 7, where she led emergency planning, shelter coordination, and medical response efforts. She held key roles in the Zika and Ebola responses and coordinated mass vaccination efforts during the 2009 H1N1 outbreak.

She actively collaborates with local, regional, and state partners to enhance preparedness and currently serves on the Florida Domestic Security Coordinating Group Executive Board and as Health and Medical Chair for Region 7.





## **Chief Brian Davis**

### **Division Chief, Sunrise Fire-Rescue**

Chief Brian Davis currently serves as Division Chief with Sunrise Fire-Rescue, where he has dedicated over two decades of service to the community. He began his career with Sunrise Fire-Rescue in 2004 as a Firefighter Paramedic. Through a strong commitment to leadership

and professional development, he progressed through the ranks—serving as Lieutenant, Fire Captain, and Battalion Chief—before being promoted to Division Chief in 2020.

Since 2022, Chief Davis has also held the role of Emergency Manager for the City of Sunrise, where he leads the city's emergency preparedness and disaster response initiatives.

Chief Davis is a proud alumnus of Auburn University, where he earned a Bachelor of Science in Business Administration. He also holds a Bachelor's Degree in Accounting from Florida Atlantic University and a Master of Business Administration (MBA) from Nova Southeastern University. Further exemplifying his dedication to fire service leadership, he is a graduate of the Florida Fire College Executive Fire Officer Program.



## **Carl Taylor**

### **President, Xtreme Crisis Healthcare (XCH)**

### **Consultant Center for Disaster Health Preparedness**

Carl Taylor is a healthcare professional with extensive disaster preparedness experience. He embarked on his disaster response career with Hurricane Andrew while at Broward Health.

In 2002, he assumed the role of Executive Director at the Center for Disaster Health Preparedness, where he developed a healthcare disaster management system now utilized by hundreds of hospitals and health professionals throughout the United States. His leadership during Hurricane Katrina earned him innovator awards and a commendation from the US Senate.

The Center has successfully trained over 15,000 health professionals in disaster response. To extend his expertise internationally, Carl established Xtreme Crisis Healthcare (XCH), which operates in regions such as Haiti, the Philippines, and Ukraine.

As a frequent speaker, Carl has recently delivered presentations on "Conflict Response in Ukraine" and "Supporting Physicians and Hospitals During Times of Crisis." He is an associate member of the Royal Society of Medicine and served on HHS Covid response workgroups from 2022 to 2023. Additionally, he is a former board member of The International Emergency Management Society.

# HURRICANE SEASON AND HEAT SEASON



## **Robert Garcia**

**Warning Coordination Meteorologist, National Weather Service, Miami/South Florida Forecast Office**

Robert Garcia is the Warning Coordination Meteorologist at the National Weather Service's Miami/South Florida Forecast Office. He was born and raised in South Florida and received his BS degree in Meteorology from Florida State University and later a Graduate Certificate in Geographic Information Systems. He also earned a Master's Degree in Public Administration at Florida Gulf Coast University, and he is a member of the American Meteorological Society and the National Weather Association. He began his career with the NWS as a student trainee in the Miami office in 2009. Upon graduation, he accepted postings with the NWS at its offices in Atlanta and then Tampa. In 2016, he returned to South Florida to accept a position as the Lead Forecaster at the Miami/South Florida Office before becoming the Warning Coordination Meteorologist this past year. His professional areas of interest include radar meteorology, hydrology, and public outreach.





**You are not alone.**



## **Empowering Older Adults, Disabled Adults, and Family Caregivers for Disaster Preparedness**

At United HomeCare, we understand the challenges of caring for your loved ones, especially during times of disaster. As the #1 choice for Home Care, we are committed to providing compassionate and reliable support.

Call us at **(954) 246-4412** today to learn more about our services, including the **ADI program, OAA Nutrition Services, and In-Home Services for Broward County Veterans and Elderly Services Division.**

Join us and experience the peace of mind that comes with knowing your loved ones are in good hands, because **There's just no place like home.**

**Serving Broward Seniors as a Provider for ADRC Broward Programs and participating in ALL Florida Medicaid Managed Long Term Care Plans.**



**Proud Member**

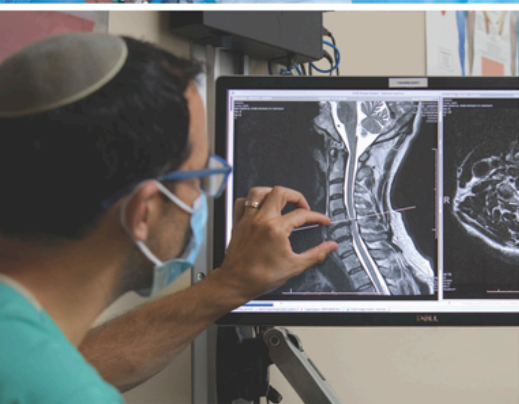


**(954) 246-4412**

**[www.unitedhomecare.com](http://www.unitedhomecare.com)**

**Home Health Agency License #21213096**

# Memorial Health Forward»



For 70 years, Memorial Healthcare System has led the way, moving health forward in South Florida. We're honored to serve our patients, families and communities with a mission to heal the body, mind and spirit of those whose lives we touch. Our renowned specialists, including heart, cancer, and neuroscience and rehabilitation, provide world-class care using leading-edge technology and research.

**Great healthcare never rests. For all ages and stages of life, from prevention to the most complex care, we're here for you, moving health forward in South Florida and beyond.**



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Memorial Hospital Miramar | Memorial Hospital Pembroke





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DEPARTMENT

# Secure Your Future. Protect What Matters Most

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- Estate & Asset Protection



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# It always seems impossible until it is done.

- Nelson Mandela



**John & Gale Fontaine**  
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Focusing on compassionate, personalized care that empowers individuals to live with dignity, independence, and comfort at home.

[www.silvercaregivers.org](http://www.silvercaregivers.org)

Follow Us



### Our Mission

At Silver Caregivers Inc., we are committed to delivering exceptional home care services in Broward County, Florida. Our focus is on:

### Contact Details

P: 954-400-0593  
F: 954-317-9984  
C: 954-314-8102

✉ [info@silvercaregivers.org](mailto:info@silvercaregivers.org)

📍 12555 Orange Dr., Suite 105  
Davie, Fort Lauderdale 33330

## Our Services

- Care Management
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- Home Care Services for Cardiac Health
- Homemaking Services
- Respite Care for Family Caregivers
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- Meal Preparation & Nutrition Support
- Medication Reminders
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- Hospice Support
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- 24/7 Available Home Care

**Schedule Your Free Consultation!**



**SCAN  
ME**





# KNOW THE LINGO

**Hurricane Watch** – Hurricane conditions are possible within 48 hours. Your preparations should be underway.

**Hurricane Warning**– Hurricane conditions are expected within 36 hours. Your preparations should be rushed to completion.

**Storm Surge** – An abnormal rise of water generated by a storm. Nine out of 10 hurricane fatalities are attributable to storm surge often causing extreme flooding in coastal areas.

**Storm Surge Watch** – The possibility of life-threatening inundation from rising water moving inland from the shoreline somewhere within a specified area, generally within 48 hours.

**Storm Surge Warning**– The possibility of life-threatening inundation from rising water moving inland from the shoreline somewhere within a specified area, generally within 36 hours.

# KNOW THE HAZARDS

**Wind** – A hurricane is a tropical storm with constant winds greater than 73 miles per hour. Hurricanes can also spawn tornadoes, which add to their potential for destruction.

**Rain** – Because of the tropical nature of hurricanes, they contain rain which can, at times, be torrential and cause floods and flash floods.





# HURRICANE PREPAREDNESS FOR THE ELDERLY



Area Agency on Aging  
of Broward County

## 1 MAKE A PLAN

Meet with your family and friends, assess yourself and your household. Ask about the emergency plans and procedures that exist in your community. Arrange for someone to check on you at the time of a disaster. Be sure to include any caregivers in your meeting and planning efforts.

- Carry family contact information in your wallet.
- Choose an out-of-town contact person.

## 2 MAKE A DISASTER SUPPLIES KIT

### FOOD AND WATER

One gallon of water per day. Electrolyte beverages are a good source of hydration. Foods ready to eat and not perishable, preferably rich in B12 vitamin and low in sodium. Vitamin supplements can help prevent nutritional deficiencies.



### MEDICAL NEEDS & SUPPLIES



First-aid kit, medical insurance and Medicaid/Medicare cards.

Prescription medicines and copies of prescriptions that can be refilled for up to six months.

Medical-alert tags or bracelets with information about healthcare needs.

## 3 BE INFORMED

What hazards threaten your community and neighborhood? Make a list of how they might affect you. Think about both natural (e.g., hurricanes, flooding, winter storms and earthquakes) and human-caused (e.g., hazardous materials and transportation accidents) and about your risk from those hazards. Know how local authorities will warn you of a pending or current disaster situation and how they will provide information to you before, during and after a disaster

### EMERGENCY CONTACT & CASH

An emergency-contact list to reach family and friends. Plenty of extra cash, since access to banks and ATMs may be limited.



### IMPORTANT DOCUMENTS

Copies of family records and other important documents such as birth and marriage certificates, Social Security cards, passports, wills, deeds, and financial, insurance and immunizations records all stashed in a sealed, waterproof bag.



### CLOTHING, DAILY USE ITEMS, DEVICES



Blankets, extra clothing and comfortable shoes. Spare eyeglasses, catheters, batteries, oxygen systems, etc. Cell phone with charger and extra batteries. A battery-powered radio and/or a NOAA weather radio. A solar or battery-operated flashlight. A whistle to call for help and a small mirror to reflect sunlight in case you have to signal rescue teams.



# EMERGENCY KIT CHECKLIST

- ☐ At least one gallon of drinking water per person, per day for three to five days. Extra water is needed for food preparation, pets, and personal hygiene
- ☐ Enough food for three to five days, including non-perishable packaged or canned food, canned or shelf milk, cereal, snack foods, a three to five day supply of special items for babies and/or the elderly: formula, wipes, diapers, special foods, and toiletries
- ☐ Manual can/bottle opener
- ☐ Toilet paper, plates, bowls, napkins, paper towels, and plastic eating utensils
- ☐ Unscented household bleach and medicine dropper
- ☐ Extra bedding such as blankets, pillows, sleeping bags, etc., in case you must evacuate
- ☐ Clothing, including rain gear and sturdy shoes
- ☐ First aid kit, medicines/prescription drugs
- ☐ Hand sanitizer and sanitary wipes
- ☐ Flashlight, extra batteries, car charger, or solar charger for your cell phone
- ☐ Battery-operated or hand-crank radio and hardline telephone with jack (not cordless)
- ☐ Books, games, and toys
- ☐ Pet food, cat litter, and other pet care items
- ☐ Tool kit including cord, rope, hammer, wood nails, saw, hatchet or ax, crowbar, chainsaw blades, tarp, duct tape, and heavy-duty work gloves, and outdoor extension cords
- ☐ Plastic trash bags and ties, extra re-sealable plastic storage bags, heavy-duty aluminum foil, and disposable aluminum pans
- ☐ Extra charcoal or propane fuel and matches in a waterproof container for outdoor cooking.
- ☐ Sterno can also be used. ***Never cook with any of these items inside your house. The smoke and fumes are deadly***
- ☐ Fire extinguisher (ABC type)
- ☐ Mosquito repellent with DEET, and sunscreen
- ☐ Home Damage Assessment photos and instructions. Visit [Broward.org/Hurricane](http://Broward.org/Hurricane)
- ☐ Any other special equipment or items you may need

View the County's 8-Week Hurricane Kit Shopping Guide Online at [Broward.org/Hurricane](http://Broward.org/Hurricane)

# TIPS FOR CAREGIVERS

## HOW TO HELP WITH PLANNING AND RESPONSE

**Identify individuals and organizations who can support you and the person you care for.**

Plan now by creating a team who can help you in a disaster. Consider including family members, neighbors, friends, colleagues, neighborhood groups, faith-based groups, health care providers, service providers, and social service organizations.

**Write down your loved ones needs, routines, and current conditions and share with team members as appropriate.**

This will ensure that the team can help each other provide the care your loved one needs when a disaster happens.

## DOCUMENT YOUR LOVED ONE'S EVERYDAY NEEDS

Needs	Routines	Conditions	Healthcare
<ul style="list-style-type: none"><li>• Mobility limitations</li><li>• Physical /cognitive limitations</li><li>• Safety concerns</li><li>• Transportation needs</li><li>• Social interaction, friendship considerations</li><li>• Make sure pet or service animal is up to date on vaccinations and have your veterinarian's contact information.</li></ul>	<ul style="list-style-type: none"><li>• Sleeping schedule</li><li>• Wake-up /Bedtime</li><li>• Meals and snack routine</li><li>• Bathroom routine</li><li>• Bathing and Grooming</li><li>• Entertainment preferences (conversation, reading, music, tv)</li></ul>	<ul style="list-style-type: none"><li>• Health conditions and diseases<ul style="list-style-type: none"><li>• Medications (self-administer or need help?)</li><li>• Assistive devices (cane, wheelchair, hearing aids, glasses, dentures)</li></ul></li></ul>	<ul style="list-style-type: none"><li>• Identification (date of birth, Social Security number and a current photo)</li><li>• Contact info: doctors, dentists, therapists, and home health care providers</li><li>• Insurance information</li></ul>



**American  
Red Cross**

**Be Red Cross Ready** | [redcross.org/prepare](https://redcross.org/prepare)

# Hurricane Kit Shopping Guide

[Broward.org/Hurricane](http://Broward.org/Hurricane)

## 10 Steps To Creating An Effective Hurricane Plan

- ☐ Hold a family meeting to discuss the hazards. List things that need to be addressed.
- ☐ Discuss shelter options and decide where you will go if you live in an evacuation zone and an evacuation order is given.
- ☐ Inventory your home possessions and review your insurance policies.
- ☐ Assess your home for vulnerable areas: roof, windows, garage door, landscaping, etc.
- ☐ Decide where you will store your vehicle, boat or RV.
- ☐ Decide what actions you need to take to protect your home and property and to keep as comfortable as possible during recovery.
- ☐ Determine whether anyone in your home is elderly or has special needs and, if so, make arrangements in advance to accommodate those needs.
- ☐ Determine how you will address your pet's needs. Be sure to include large animals such as horses in your plans.
- ☐ Determine your family's water, food and medical needs and build your hurricane kit according to those needs.
- ☐ Let others know your hurricane plan, either family or friends. Establish an out-of-town contact.

## Food Groups For Shopping Guide

### Bread Group Items

Crackers, dry bread sticks, pretzels, melba toast, rice and popcorn cakes, breakfast cereal, dry pasta, nutritional bars, bread (keep frozen until needed)

## How To Use The Shopping Guide

As hurricane season approaches (June 1 – November 30), all residents are encouraged to get prepared by creating a family hurricane plan and assembling a hurricane supply kit. These preparedness steps are key to safely weathering a storm, or any other disaster.

The eight-week Shopping Guide identifies the basic items required to comfortably sustain you and your family for 3-5 days following a storm that may leave you without power and potable water.

Adding a few items to your regular shopping list each week is the easiest way to complete your Hurricane Kit with minimal impact to your budget. This Guide also includes information for preparing a Hurricane Kit for infants, the elderly and pets.

A "how to" guide for creating a family plan and assembling a first aid kit is also included.

For a comprehensive guide to hurricane preparedness, visit [Broward.org/Hurricane](http://Broward.org/Hurricane).

This hurricane season, let's all be **Ready – Set – Safe.**

### Bread Group Items

Crackers, dry bread sticks, pretzels, melba toast, rice and popcorn cakes, breakfast cereal, dry pasta, nutritional bars, bread (keep frozen until needed)

### Meat Group Items

Canned or packaged: tuna, chicken/turkey, meat, soup with beans or meat, sardines, beans, chili with meat or beans, ravioli/spaghetti, ham/pork, stew, Vienna sausage, peanut butter and nuts, and commercially prepared beef or turkey jerky

### Milk Group Items

Shelf stable milk, powdered milk (will need extra water), canned and boxed pudding (on grocery shelves, not in refrigerator section), nutritional drinks (e.g., Ensure)

### Vegetable Group Items

Canned vegetables, soups of all types (cup of noodles, canned), canned 3-bean salad

### Fruit Group Items

Canned fruit, applesauce, dried fruits and 100% fruit juice

### Comfort Food Items

Quick energy snacks (trail mix, granola), fruit bars, cookies, hard candy, lollipops, instant coffee, tea bags



# Hurricane Kit Shopping Guide

[Broward.org/Hurricane](http://Broward.org/Hurricane)

## Items for Infants & Toddlers

Include ample amounts of food, formula (water), juice, diapers and wipes. If you evacuate to a General Population Shelter, bring your baby kit along with a stroller, portable crib or play pen.

*Note: Have enough water to reconstitute instant food. Cooking sources include camp stoves and chafing dish/ fondue pot with sterno. Purchase ready-to-light charcoal for outdoor grills. Always cook outside. Never use any of these cooking sources inside your house or garage.*

## Items for Elderly

Kit should include: water and food items that address special dietary needs (nutritional supplement drinks, low- sodium food), one-month supply of prescription drugs/ medications/medical supplies, medical history, physician and health insurance information, list of medications with instructions, list of medical equipment (include model/ serial number), copies of prescriptions. Visit [Broward.org/Hurricane](http://Broward.org/Hurricane) and select **RESIDENTS AT RISK** for additional information.

<b>Week One</b> <b>Grocery Store:</b> <input type="checkbox"/> one meat group item <input type="checkbox"/> one vegetable group item <input type="checkbox"/> one gallon of water per person <input type="checkbox"/> one large jar of peanut butter <input type="checkbox"/> one can ready-to-eat soup <input type="checkbox"/> one box matches in waterproof container <input type="checkbox"/> one package paper plates <input type="checkbox"/> baby supplies* <b>Other Supplies:</b> <input type="checkbox"/> one flashlight with batteries* <input type="checkbox"/> tarpaulin for temporary roof repairs <input type="checkbox"/> utility knife <input type="checkbox"/> sunscreen (SPF 15 or more)	<b>Week Two</b> <b>Grocery Store:</b> <input type="checkbox"/> one meat group item <input type="checkbox"/> one vegetable group item <input type="checkbox"/> one fruit group item <input type="checkbox"/> one comfort food item <input type="checkbox"/> one bottle unscented bleach <input type="checkbox"/> one medicine dropper <input type="checkbox"/> one package of paper cups <b>Other Supplies:</b> <input type="checkbox"/> self-starting charcoal, sterno or propane for grill or camp stove <input type="checkbox"/> pliers <input type="checkbox"/> plastic safety glasses/goggles <input type="checkbox"/> outdoor extension cords	<b>Week Three</b> <b>Grocery Store:</b> <input type="checkbox"/> one meat group item <input type="checkbox"/> one fruit group item <input type="checkbox"/> one gallon of water per person <input type="checkbox"/> one jar of jelly or jam <input type="checkbox"/> one can ready-to-eat soup <input type="checkbox"/> one hand-operated can opener <input type="checkbox"/> one package paper napkins <input type="checkbox"/> baby supplies* <b>Other Supplies:</b> <input type="checkbox"/> one portable am/fm radio - battery-operated or hand crank <input type="checkbox"/> hatchet or axe <input type="checkbox"/> roll of duct tape	<b>Week Four</b> <b>Grocery Store:</b> <input type="checkbox"/> one meat group item <input type="checkbox"/> one vegetable group item <input type="checkbox"/> one milk group item <input type="checkbox"/> one bread group item <input type="checkbox"/> one roll of paper towels <input type="checkbox"/> one roll of plastic wrap <input type="checkbox"/> one bottle hand sanitizer <input type="checkbox"/> sanitary wipes or other hygiene products* <b>Other Supplies:</b> <input type="checkbox"/> one flashlight with batteries* <input type="checkbox"/> heavy-duty work gloves <input type="checkbox"/> first aid kit supplies <input type="checkbox"/> waterproof container for insurance and bank documents, important contracts, proof of occupancy, inventory of belongings*	<b>Week Five</b> <b>Grocery Store:</b> <input type="checkbox"/> one meat group item <input type="checkbox"/> one vegetable group item <input type="checkbox"/> one fruit group item <input type="checkbox"/> one bread group item <input type="checkbox"/> one can of ready-to-eat soup <input type="checkbox"/> one box large resealable food storage bags <input type="checkbox"/> baby supplies* <b>Other Supplies:</b> <input type="checkbox"/> extra batteries for radio* <input type="checkbox"/> first aid kit supplies <input type="checkbox"/> fire extinguisher <input type="checkbox"/> games and puzzles for children	<b>Week Six</b> <b>Grocery Store:</b> <input type="checkbox"/> one meat group item <input type="checkbox"/> one gallon of water per person <input type="checkbox"/> one bread group item <input type="checkbox"/> one box sanitary wipes* <input type="checkbox"/> one roll heavy-duty aluminum foil <input type="checkbox"/> one package paper bowls <input type="checkbox"/> plastic trash bags and ties <b>Other Supplies:</b> <input type="checkbox"/> assorted nails <input type="checkbox"/> one flashlight with batteries* <input type="checkbox"/> handline telephone with jack (not cordless) <input type="checkbox"/> heavy work gloves	<b>Week Seven</b> <b>Grocery Store:</b> <input type="checkbox"/> one meat group item <input type="checkbox"/> one vegetable group item <input type="checkbox"/> one milk group item <input type="checkbox"/> one box cereal <input type="checkbox"/> one can ready-to-eat soup <input type="checkbox"/> one comfort food group item <input type="checkbox"/> baby supplies* <b>Other Supplies:</b> <input type="checkbox"/> extra batteries for flashlights* <input type="checkbox"/> hammer <input type="checkbox"/> disposable aluminum pans	<b>Week Eight</b> <b>Grocery Store:</b> <input type="checkbox"/> one meat group item <input type="checkbox"/> one vegetable group item <input type="checkbox"/> one gallon of water per person <input type="checkbox"/> one box heavy-duty garbage bags <input type="checkbox"/> one package plastic eating utensils <input type="checkbox"/> one roll paper towels <b>Other Supplies:</b> <input type="checkbox"/> flashlight with batteries* <input type="checkbox"/> waterproof portable plastic container with lid for Hurricane Kit supplies <input type="checkbox"/> mosquito repellent with DEET
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8 Week Hurricane Kit Shopping Guide  
FULL PAGE next page

## 8 Week Hurricane Kit Shopping Guide

Note: Suggested list for a family of four. Add extra items depending on your family size.

Quick Tip: Gather before the storm: money\*, prescription medicines\*, fuel for vehicle, important documents\*, photo inventory of belongings\*, proof of occupancy\*, identification\*

\*If you are planning to evacuate to an emergency shelter, be sure to take these items with you.

# Ready. Set. Safe.

### Week One

#### Grocery Store:

- ☐ one meat group item
- ☐ one vegetable group item
- ☐ one gallon of water per person
- ☐ one large jar of peanut butter
- ☐ one can ready-to-eat soup
- ☐ one box matches in waterproof container
- ☐ one package paper plates
- ☐ baby supplies\*

#### Other Supplies:

- ☐ one flashlight with batteries\*
- ☐ tarpaulin for temporary roof repairs
- ☐ utility knife
- ☐ sunscreen (SPF 15 or more)

### Week Two

#### Grocery Store:

- ☐ one meat group item
- ☐ one vegetable group item
- ☐ one fruit group item
- ☐ one comfort food item
- ☐ one bottle unscented bleach
- ☐ one medicine dropper
- ☐ one package of paper cups

#### Other Supplies:

- ☐ self-starting charcoal, sterno or propane for grill or camp stove
- ☐ pliers
- ☐ plastic safety glasses/goggles
- ☐ outdoor extension cords

### Week Three

#### Grocery Store:

- ☐ one meat group item
- ☐ one fruit group item
- ☐ one gallon of water per person
- ☐ one jar of jelly or jam
- ☐ one can ready-to-eat soup
- ☐ one hand-operated can opener
- ☐ one package paper napkins
- ☐ baby supplies\*

#### Other Supplies:

- ☐ one portable am/fm radio – battery-operated or hand crank
- ☐ hatchet or axe
- ☐ roll of duct tape

### Week Four

#### Grocery Store:

- ☐ one meat group item
- ☐ one vegetable group item
- ☐ one milk group item
- ☐ one bread group item
- ☐ one roll of paper towels
- ☐ one roll of plastic wrap
- ☐ one bottle hand sanitizer
- ☐ sanitary wipes or other hygiene products\*

#### Other Supplies:

- ☐ one flashlight with batteries\*
- ☐ heavy-duty work gloves
- ☐ first aid kit supplies
- ☐ waterproof container for insurance and bank documents, important contracts, proof of occupancy, inventory of belongings\*

### Week Five

#### Grocery Store:

- ☐ one meat group item
- ☐ one vegetable group item
- ☐ one fruit group item
- ☐ one bread group item
- ☐ one can of ready-to-eat soup
- ☐ one box large resealable food storage bags
- ☐ baby supplies\*

#### Other Supplies:

- ☐ extra batteries for radio\*
- ☐ first aid kit supplies
- ☐ fire extinguisher
- ☐ games and puzzles for children

### Week Six

#### Grocery Store:

- ☐ one meat group item
- ☐ one gallon of water per person
- ☐ one bread group item
- ☐ one box sanitary wipes\*
- ☐ one roll heavy-duty aluminum foil
- ☐ one package paper bowls
- ☐ plastic trash bags and ties

#### Other Supplies:

- ☐ assorted nails
- ☐ one flashlight with batteries\*
- ☐ hardline telephone with jack (not cordless)
- ☐ heavy work gloves

### Week Seven

#### Grocery Store:

- ☐ one meat group item
- ☐ one vegetable group item
- ☐ one milk group item
- ☐ one box cereal
- ☐ one can ready-to-eat soup
- ☐ one comfort food group item
- ☐ baby supplies\*

#### Other Supplies:

- ☐ extra batteries for flashlights\*
- ☐ hammer
- ☐ disposable aluminum pans

### Week Eight

#### Grocery Store:

- ☐ one meat group item
- ☐ one vegetable group item
- ☐ one gallon of water per person
- ☐ one box heavy-duty garbage bags
- ☐ one package plastic eating utensils
- ☐ one roll paper towels

#### Other Supplies:

- ☐ flashlight with batteries\*
- ☐ waterproof portable plastic container with lid for Hurricane Kit supplies
- ☐ mosquito repellent with DEET



# Family Communication Plan

Emergencies can happen at any time. Does your family know how to get in touch with each other if you are not all together?

**Before** an emergency happens, have a family discussion to determine who would be your out-of-state point of contact, and where you would meet away from your home — both in the neighborhood and within your town.

**Let them know  
you're OK!**

Pick the same person for each family member to contact. It might be easier to reach someone who's out of town.

## Important Information

Fill in this information and keep a copy in a safe place, such as your purse or briefcase, your car, your office, and your disaster kit. Be sure to look it over every year and keep it up to date.

### Out-of-Town Contact

Name: \_\_\_\_\_  
Home: \_\_\_\_\_  
Cell: \_\_\_\_\_  
Email: \_\_\_\_\_  
Facebook: \_\_\_\_\_  
Twitter: \_\_\_\_\_

### Neighborhood Meeting Place:

\_\_\_\_\_  
\_\_\_\_\_

### Regional Meeting Place:

\_\_\_\_\_  
\_\_\_\_\_

### Work Information

Workplace: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Facebook: \_\_\_\_\_  
Twitter: \_\_\_\_\_  
Evacuation Location: \_\_\_\_\_

Workplace: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Facebook: \_\_\_\_\_  
Twitter: \_\_\_\_\_  
Evacuation Location: \_\_\_\_\_

### School Information

School: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Facebook: \_\_\_\_\_  
Twitter: \_\_\_\_\_  
Evacuation Location: \_\_\_\_\_

School: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Facebook: \_\_\_\_\_  
Twitter: \_\_\_\_\_  
Evacuation Location: \_\_\_\_\_

School: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Facebook: \_\_\_\_\_  
Twitter: \_\_\_\_\_  
Evacuation Location: \_\_\_\_\_



<http://www.ready.gov/kids>





## Important Information (continued)

### Family Information

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

### Medical Contacts

Doctor: \_\_\_\_\_

Phone: \_\_\_\_\_

Doctor: \_\_\_\_\_

Phone: \_\_\_\_\_

Pediatrician: \_\_\_\_\_

Phone: \_\_\_\_\_

Dentist: \_\_\_\_\_

Phone: \_\_\_\_\_

Dentist: \_\_\_\_\_

Phone: \_\_\_\_\_

Specialist: \_\_\_\_\_

Phone: \_\_\_\_\_

Specialist: \_\_\_\_\_

Phone: \_\_\_\_\_

Pharmacist: \_\_\_\_\_

Phone: \_\_\_\_\_

Veterinarian/Kennel: \_\_\_\_\_

Phone: \_\_\_\_\_

### Insurance Information

Medical Insurance: \_\_\_\_\_

Phone: \_\_\_\_\_

Policy Number: \_\_\_\_\_

Homeowners/Rental Insurance: \_\_\_\_\_

Phone: \_\_\_\_\_

Policy Number: \_\_\_\_\_

**Text, don't talk!**

Unless you are in danger, send a text. Texts may have an easier time getting through than phone calls, and you don't want to tie up phone lines needed by emergency workers.



<http://www.ready.gov/kids>



Area Agency on Aging  
of Broward County

Please Paw-tect Us Too!

# HURRICANE PREP CHECKLIST FOR PETS

## PREPARE AHEAD OF TIME

- ♥ Contact your veterinarian for a list of preferred boarding kennels and facilities
- ♥ Identify hotels or motels outside of the evacuation area that accept pets
- ♥ Ask friends and relatives outside your immediate area if they would be willing to temporarily take your pet
- ♥ Although your animals may be more comfortable together, be prepared to house them separately
- ♥ Make sure your pet is treated for heartworm, fleas and is up-to date on vaccinations
- ♥ Consider getting your pet microchipped
- ♥ Make sure that your dogs and cats are wearing collars with a Broward County pet license tag and identification

## EMERGENCY PET KIT

- ♥ Current photos of you with your pet(s) in case they get lost
- ♥ Copies of pet medical records stored in a waterproof container, including information regarding any medical conditions, behavior problems and the name and number of your veterinarian
- ♥ Food and water bowls
- ♥ Two-week supply of food, water and medications
- ♥ Leashes and collars
- ♥ Feeding schedule(s)
- ♥ Puppy pee pads, paper towels, cleaning supplies and garbage bags. Your dog will not be able to go to the bathroom outside until the storm clears
- ♥ Litter box, scoop and extra litter for cats
- ♥ Treats and toys
- ♥ Crate or sturdy carrier

## PET-FRIENDLY SHELTERS

### Everglades High School

17100 SW 48th Court  
Miramar, FL 33027

### Lyons Creek Middle School

4333 Sol Press Blvd.  
Coconut Creek, FL 33073

### Falcon Cove Middle School

4251 Bonaventure Blvd.  
Weston, FL 33332



Learn More



[www.adrcbroward.org/emergency-preparedness](http://www.adrcbroward.org/emergency-preparedness)

SOURCE: BROWARD.ORG/HURRICANE



# SAFEGUARD YOUR HOME

## Look For Vulnerabilities

**Assess Roof**, shingles, tiles, and panels should be fastened down tightly and loose ones replaced.

**Check Doors**, solid wood or hollow metal doors are more likely to resist wind pressure and flying debris.

**Shutter Windows**, if you have shutters, make sure they're in good working condition.

## PRUNE TREES

**Trim trees and shrubs regularly**, remove weak branches, especially those resting on your roof, and thin out the upper canopy.

**Do not attempt to trim any vegetation growing on or near overhead power lines**, only specially trained professionals should work around power lines.

**Consult with Broward County or your city** for specific provisions regarding tree pruning.

**Make sure newly planted trees and recently reset trees are properly staked and braced.**

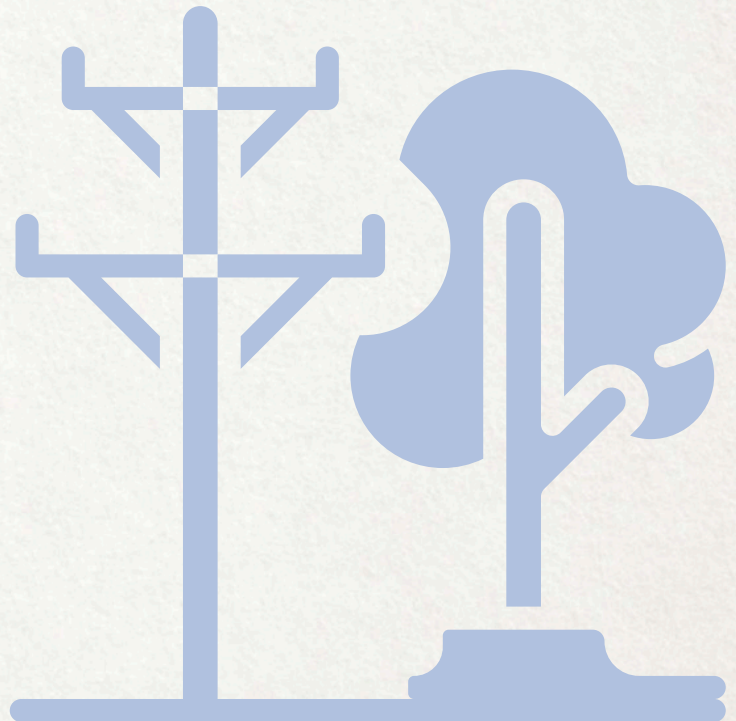
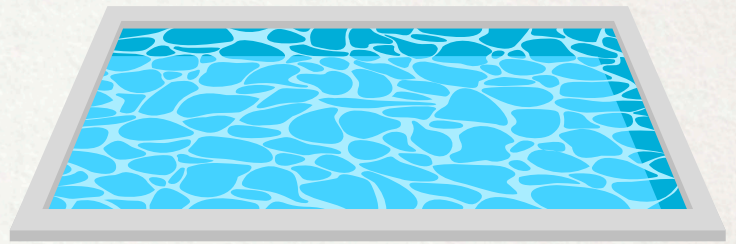
Trees must be maintained in conformance with Florida Power and Light's Right Tree, Right Place Guidelines. Find them at [Fpl.com/Reliability](https://www.fpl.com/Reliability), then click or tap trees and power lines. Then hit Right Tree, Right Place

# PROTECT POOLS

**Keep water in the pool** as it will protect the pool's finish from sand and flying debris. **Add extra chlorine to the water** to prevent contamination.

**Turn off the power to the pool equipment**, remove the pool pump motor and store it indoors in a dry place, or wrap the motor in a plastic material.

**Remove all loose items from the pool area** (furniture, pool cleaning equipment, and potted plants).



The Broward County Office of Economic and Small Business Development has established a network of disaster Business Recovery Centers. The centers are designed to provide services including business disaster recovery information and access to financial assistance programs. Centers will become operational at the onset of a disaster recovery.



# TIPS FOR CAREGIVERS

## CAREGIVERS PREPAREDNESS CHECKLIST

**Understand what you may be expected and required to do** to assist someone you support, including helping to develop their plan, prepare their disaster supplies and documents, sign them up for local registries, support their evacuation, etc.

**Ensure you've received training in first aid and CPR**, how to use or operate their assistive devices or medical equipment and how to support their personal care needs.

**Know how to teach others to communicate effectively** with the person you care for who may require hearing, visual, speech or other communication adaptations.

**Know how to provide additional emotional and behavioral support**, especially to help a person living with dementia or active mental health issues.

**Have a current picture of the person you're caring for**, in case you get separated, and a copy of their essential medical and treatment information to access the right care. It may be helpful to discuss getting the person you support a personal or medical ID bracelet.



American  
Red Cross

Be Red Cross Ready | [redcross.org/prepare](https://redcross.org/prepare)

# Tips for Caregivers

## Communication and Responding to Dementia Symptoms

### Tips for reducing behavioral symptoms

Anticipate what the person will need based on what you know about their daily routine, family members, likes and dislikes, and any significant or traumatic life events.

Consider that behaviors may be triggered by an event or condition. If they see someone putting on a coat or getting their keys, they may think it's time to go. If someone is setting the table, they may think it's time to eat. And if clothes are laid out on the bed, they may think it's time to get dressed.

Look for and try to resolve cues that the person is bored, afraid, uncertain, or tired (i.e., irritability, fidgeting, or pacing) by:

- Taking a walk with them and getting some fresh air.
- Distracting them with calming activities such as listening to music, knitting, sorting, or coloring.
- Letting the person know that they are needed. Say, "Can you help me with..."
- Reassuring the person that they are not alone, by sitting quietly together.

Limit exposure to media coverage of the disaster. The person may get distressed if they see the event replayed on TV, as if they are re-living the trauma.

Be aware if they are in any discomfort or if they look uneasy. Consider if the person is hungry, cold, needs to use the bathroom, or has another physical need. Pay special attention to whether they have any physical or psychological pain.

Maintain a regular routine as much as possible. Try to keep to the person's regular sleep/wake schedule, mealtimes, and daily personal care activities.

# Tips for Caregivers

## Communication and Responding to Dementia Symptoms

### General communication strategies

Try to talk to the person in a place that is quiet and free from distractions. Be at eye level with them, call them by name, wait until you are in their field of vision, and identify yourself and the reason for your interaction.

Encourage them to use hearing aids and eyeglasses if they need to, and make sure the aids are in working order.

Set the tone by talking in a warm, easygoing manner. Smile often, and pay attention to your tone of voice, facial expression, body tension, and mood. Speak slowly and clearly, and pause in between sentences. Allow time for them to process what you're saying.

Respond to the emotions they express, rather than what they might say. Be prepared to repeat information, choices, and directions. Repeat things in the same order, using the same words.

Provide information using concrete terms and familiar words. They may respond better to "Do you need to pee?" rather than "Do you need to use the restroom?"

Praise them often. Say "Good job," or "Take your time, you can do this." Reassure them that you are there to support them.





# VULNERABLE POPULATION REGISTRY

REGISTER EARLY, REGISTER NOW!

The Vulnerable Population Registry is a program that allows people who would be at risk following an emergency to register in advance so that emergency workers may plan a better response during a recovery effort.

**THE EASIEST WAY TO REGISTER IS ONLINE AT [BROWARD.ORG/ATRISK](https://www.broward.org/atrisk),  
BY CALLING BROWARD COUNTY CALL CENTER AT 311 OR 954-831-4000  
(TTY 954-831-3940), OR BY CONTACTING YOUR MUNICIPALITY'S  
EMERGENCY MANAGEMENT AGENCY**



Area Agency on Aging  
of Broward County



# Special Needs Shelter Registration

## Broward County Special Needs Shelter Registration

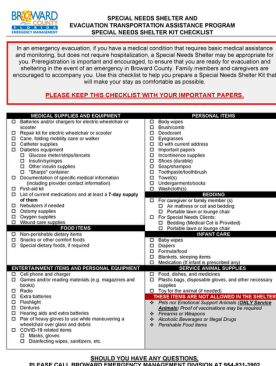
The Florida Division of Emergency Management, in coordination with Broward County's emergency management agency, developed a registry to allow residents with special needs to register with their local emergency management agency to receive assistance during a disaster. [Pre-registration for the Special Needs Shelter is open throughout the year](#), and while not required, is strongly encouraged to ensure that the shelter will be adequately prepared to meet your needs.

If you have a medical condition that requires a higher level of care than that provided at a General Population Shelter, but you do not require hospitalization or a medical institution, a Special Needs Shelter may be appropriate for you. These shelters offer basic medical assistance and monitoring. They are staffed by qualified medical personnel and have back-up electricity for limited lighting and essential medical equipment. Family members and caregivers are encouraged to accompany you.

Go to our website [www.https://www.adrcbroward.org/special-needs-shelter-registration](https://www.adrcbroward.org/special-needs-shelter-registration) for an application and additional information on special needs shelters and transportation.

Reasonable accommodation will be made for shelter residents with disabilities in accordance with the Americans with Disabilities Act (ADA). If you need transfer assistance, sign language interpretation and other auxiliary aids, or a quiet zone for a cognitive disability or mental health need, call 954-831-3902 or TTY 954-831-3940 for the most updated information.

Residents with service animals are welcome at all shelter sites so long as the pet meets the requirements under Federal law, check ADA Requirements for Service Animals for additional information.



**BROWARD COUNTY**  
SPECIAL NEEDS SHELTER AND  
EVACUATION TRANSPORTATION ASSISTANCE PROGRAM  
SPECIAL NEEDS SHELTER KIT CHECKLIST

In an emergency evacuation, if you have a medical condition that requires basic medical assistance and monitoring, but does not require hospitalization, a Special Needs Shelter may be appropriate for you. Pre-registration is important and encouraged to ensure that you are ready for evacuation and sheltering in the event of an emergency in Broward County. Family members and caregivers are encouraged to accompany you. Use this checklist to help you prepare a Special Needs Shelter Kit that will make your stay as comfortable as possible.

**PLEASE KEEP THIS CHECKLIST WITH YOUR IMPORTANT PAPERS.**

PERSONAL ITEMS AND DOCUMENTS	PERSONAL ITEMS
<input type="checkbox"/> 1. Personal items: clothing for weather conditions in evacuation	<input type="checkbox"/> 1. Medication
<input type="checkbox"/> 2. Proper ID for electronic identification or computer access	<input type="checkbox"/> 2. Identification
<input type="checkbox"/> 3. Cash, credit, debit, and money orders	<input type="checkbox"/> 3. Cash
<input type="checkbox"/> 4. Cell phone	<input type="checkbox"/> 4. Cell phone
<input type="checkbox"/> 5. Copies of important documents	<input type="checkbox"/> 5. Copies of important documents
<input type="checkbox"/> 6. Insurance information	<input type="checkbox"/> 6. Insurance information
<input type="checkbox"/> 7. Medical records	<input type="checkbox"/> 7. Medical records
<input type="checkbox"/> 8. Other copies of important documents	<input type="checkbox"/> 8. Other copies of important documents
<input type="checkbox"/> 9. Documentation of specific medical information (including medical history information)	<input type="checkbox"/> 9. Documentation of specific medical information (including medical history information)
<input type="checkbox"/> 10. List of all allergies	<input type="checkbox"/> 10. List of all allergies
<input type="checkbox"/> 11. List of current medications and at least a 7-day supply	<input type="checkbox"/> 11. List of current medications and at least a 7-day supply
<input type="checkbox"/> 12. List of all medical conditions	<input type="checkbox"/> 12. List of all medical conditions
<input type="checkbox"/> 13. List of all medical conditions	<input type="checkbox"/> 13. List of all medical conditions
<input type="checkbox"/> 14. List of all medical conditions	<input type="checkbox"/> 14. List of all medical conditions
<input type="checkbox"/> 15. List of all medical conditions	<input type="checkbox"/> 15. List of all medical conditions
<input type="checkbox"/> 16. List of all medical conditions	<input type="checkbox"/> 16. List of all medical conditions
<input type="checkbox"/> 17. List of all medical conditions	<input type="checkbox"/> 17. List of all medical conditions
<input type="checkbox"/> 18. List of all medical conditions	<input type="checkbox"/> 18. List of all medical conditions
<input type="checkbox"/> 19. List of all medical conditions	<input type="checkbox"/> 19. List of all medical conditions
<input type="checkbox"/> 20. List of all medical conditions	<input type="checkbox"/> 20. List of all medical conditions

**SHOULD YOU HAVE ANY QUESTIONS?**  
PLEASE CALL BROWARD EMERGENCY MANAGEMENT DIVISION AT 954-831-3902

In addition, find this Special Needs Shelter Kit Checklist to help you when preparing to go to the Special Needs shelter

Special Needs Shelter Kit Checklist  
FULL PAGE next page



## SPECIAL NEEDS SHELTER AND EVACUATION TRANSPORTATION ASSISTANCE PROGRAM SPECIAL NEEDS SHELTER KIT CHECKLIST

In an emergency evacuation, if you have a medical condition that requires basic medical assistance and monitoring, but does not require hospitalization, a Special Needs Shelter may be appropriate for you. Preregistration is important and encouraged, to ensure that you are ready for evacuation and sheltering in the event of an emergency in Broward County. Family members and caregivers are encouraged to accompany you. Use this checklist to help you prepare a Special Needs Shelter Kit that will make your stay as comfortable as possible.

**PLEASE KEEP THIS CHECKLIST WITH YOUR IMPORTANT PAPERS.**

MEDICAL SUPPLIES AND EQUIPMENT	PERSONAL ITEMS
<input type="checkbox"/> Batteries and/or chargers for electric wheelchair or scooter <input type="checkbox"/> Repair kit for electric wheelchair or scooter <input type="checkbox"/> Cane, folding mobility cane or walker <input type="checkbox"/> Catheter supplies <input type="checkbox"/> Diabetes equipment <input type="checkbox"/> Glucose meter/strips/lancets <input type="checkbox"/> Insulin/syringes <input type="checkbox"/> Other insulin supplies <input type="checkbox"/> "Sharps" container <input type="checkbox"/> Documentation of specific medical information (including provider contact information) <input type="checkbox"/> First-aid kit <input type="checkbox"/> List of current medications and at least a <b>7-day supply of them</b> <input type="checkbox"/> Nebulizers if needed <input type="checkbox"/> Ostomy supplies <input type="checkbox"/> Oxygen supplies <input type="checkbox"/> Wound care supplies	<input type="checkbox"/> Body wipes <input type="checkbox"/> Brush/comb <input type="checkbox"/> Deodorant <input type="checkbox"/> Eyeglasses <input type="checkbox"/> ID with current address <input type="checkbox"/> Important papers <input type="checkbox"/> Incontinence supplies <input type="checkbox"/> Shoes (durable) <input type="checkbox"/> Soap/shampoo <input type="checkbox"/> Toothpaste/toothbrush <input type="checkbox"/> Towel(s) <input type="checkbox"/> Undergarments/socks <input type="checkbox"/> Washcloth(s)
FOOD ITEMS	BEDDING
<input type="checkbox"/> Non-perishable dietary items <input type="checkbox"/> Snacks or other comfort foods <input type="checkbox"/> Special dietary foods, if required	<input type="checkbox"/> For caregiver or family member (s) <input type="checkbox"/> Air mattress or cot and bedding <input type="checkbox"/> Portable lawn or lounge chair <input type="checkbox"/> For Special Needs Clients: <input type="checkbox"/> Bedding (Medical Cot is Provided) <input type="checkbox"/> Portable lawn or lounge chair
ENTERTAINMENT ITEMS AND PERSONAL EQUIPMENT	INFANT CARE
<input type="checkbox"/> Cell phone and charger <input type="checkbox"/> Games and/or reading materials (e.g. magazines and books) <input type="checkbox"/> Radio <input type="checkbox"/> Extra batteries <input type="checkbox"/> Flashlight <input type="checkbox"/> Dentures <input type="checkbox"/> Hearing aids and extra batteries <input type="checkbox"/> Pair of heavy gloves to use while maneuvering a wheelchair over glass and debris <input type="checkbox"/> COVID-19 related items <input type="checkbox"/> Masks, gloves <input type="checkbox"/> Disinfecting wipes, sanitizers, etc.	<input type="checkbox"/> Baby wipes <input type="checkbox"/> Diapers <input type="checkbox"/> Formula/food <input type="checkbox"/> Blankets, sleeping items <input type="checkbox"/> Medication (If infant is prescribed any)
	SERVICE ANIMAL SUPPLIES
	<input type="checkbox"/> Food, dishes, and medicines <input type="checkbox"/> Plastic bags, disposable gloves, and other necessary supplies <input type="checkbox"/> Toy for the animal (if needed)
THESE ITEMS ARE NOT ALLOWED IN THE SHELTER	
❖ <i>Pets nor Emotional Support Animals (<b>ONLY Service Animals</b>) Proof of vaccinations may be required</i> ❖ <i>Firearms or Weapons</i> ❖ <i>Alcoholic Beverages or Illegal Drugs</i> ❖ <i>Perishable Food Items</i>	

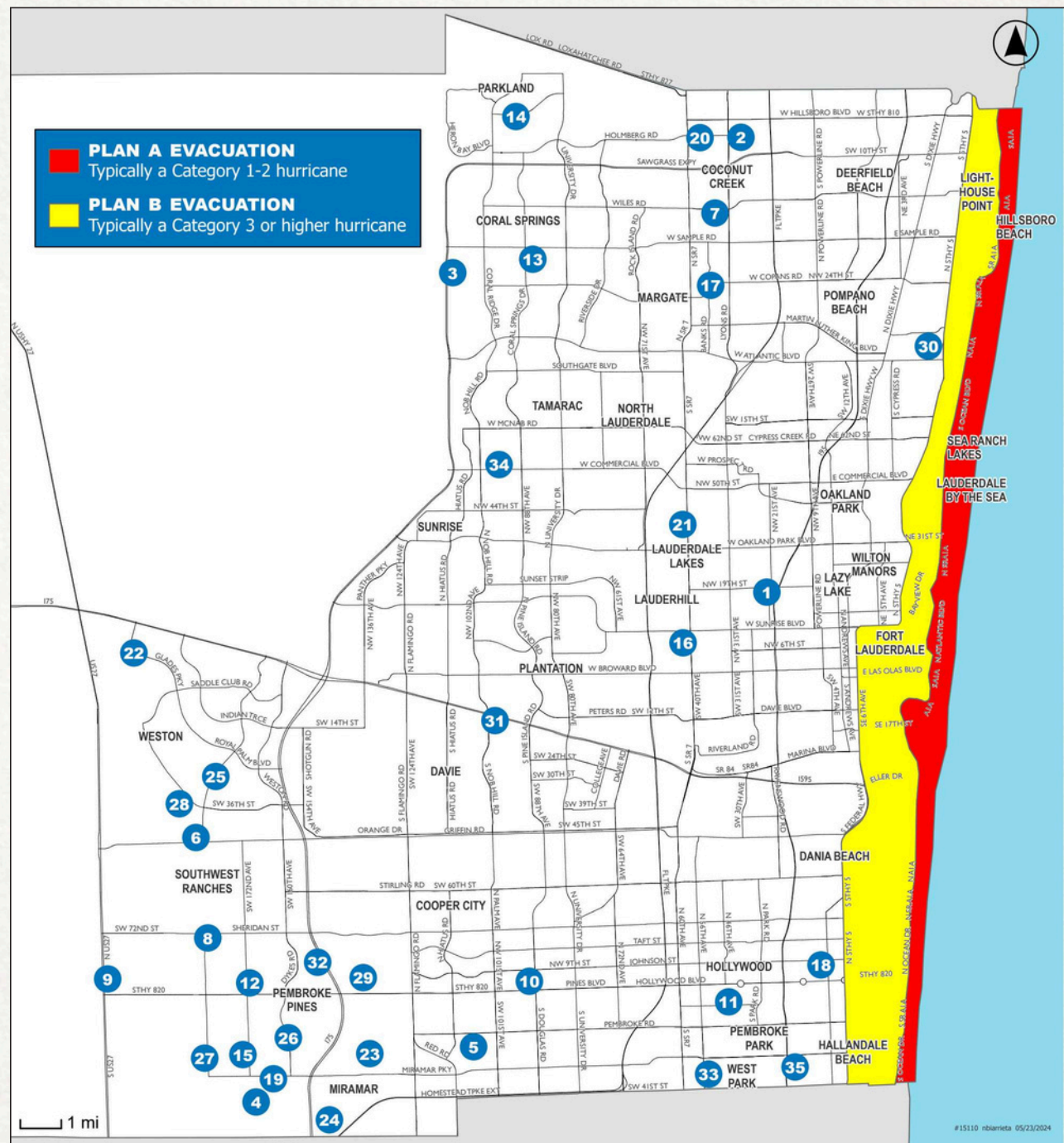
**SHOULD YOU HAVE ANY QUESTIONS,**  
**PLEASE CALL BROWARD EMERGENCY MANAGEMENT DIVISION AT 954-831-3902**



# EMERGENCY SHELTER MAP

The following shelters may not all open during a state of emergency. They are opened as needed. If possible, staying with family or friends outside an evacuation zone is your first and best option. Monitor Broward County's website, [Broward.org/Hurricane](http://Broward.org/Hurricane), local television stations or call our Emergency Hotline at 311 or 954-831-4000 for actual shelter openings. Emergency shelters are a service of the Broward County Commission and the Broward County School Board.

Persons located in low lying areas or beside tidal bodies of water should seek shelter elsewhere if conditions warrant. **ALL** mobile home residents must evacuate in PLAN A and PLAN B and may be ordered to evacuate if tropical storm conditions warrant.



A service of the Broward County Board of County Commissioners. An equal opportunity employer and provider of services

500 copies of this document were promulgated at a gross cost of \$266 or \$0.532 per copy, to inform the public about services provided by Broward County.



**Special Needs Shelter:** These shelters are for persons with medical conditions who do not require hospitalization. They provide basic medical assistance and monitoring. Pre-registration is strongly recommended by calling 954-831-3902 (TTY 954-831-3940).

**Pet-Friendly Shelter:** Staying with family, friends or at a pet-friendly hotel outside an evacuation zone should be your first and best option. Pet-friendly shelter(s) is available on a first-come basis. Pets accepted include: dogs, cats, domestic birds, rabbits, gerbils, guinea pigs, mice and hamsters. All pets must be in a carrier/crate and all dogs must have a collar with leash. Evacuees must show proof of rabies certificate for dogs and cats. Residents should also be prepared to show their pet's Broward County Registration Tag. Evacuees should bring necessary care supplies for a week such as, supply of food and water, food/water bowls, cat litter and litter box, medicine, cleaning supplies, etc.

## General Population and Pet-Friendly Shelters

- |  |   |
|--|---|
| <b>1. Arthur Ashe/Rock Island</b><br>1701 NW 23rd Ave, Fort Lauderdale 33311                   | <b>19. Dolphin Bay Elementary School</b><br>16450 Miramar Pkwy, Miramar 33027         |
| <b>2. Lyons Creek Middle School - Pet Friendly</b><br>4333 Sol Press Blvd, Coconut Creek 33073 | <b>20. Tradewinds Elementary School</b><br>5400 Johnson Rd, Coconut Creek 33073       |
| <b>3. Coral Glades High School</b><br>2700 Sportsplex Dr, Coral Springs 33065                  | <b>21. Park Lakes Elementary School</b><br>3925 N State Rd 7, Lauderdale Lakes 33319  |
| <b>4. Everglades High School - Pet Friendly</b><br>17100 SW 48th Ct, Miramar 33027             | <b>22. Gator Run Elementary School</b><br>1101 Glades Pkwy, Weston 33327              |
| <b>5. New Renaissance Middle School</b><br>10701 Miramar Blvd, Miramar 33025                   | <b>23. Coconut Palm Elementary School</b><br>13601 Monarch Lakes Blvd, Miramar 33027  |
| <b>6. Falcon Cove Middle School - Pet Friendly</b><br>4251 Bonaventure Blvd, Weston 33332      | <b>24. Coral Cove Elementary School</b><br>5100 SW 148th Ave, Miramar 33027           |
| <b>7. Monarch High School</b><br>5050 Wiles Rd, Coconut Creek 33073                            | <b>25. Everglades Elementary School</b><br>2900 Bonaventure Blvd, Weston 33331        |
| <b>8. Silver Trail Middle School</b><br>8300 Sheridan St, Pembroke Pines 33331                 | <b>26. Silver Shores Elementary School</b><br>1701 SW 160th Ave, Miramar 33027        |
| <b>9. West Broward High School</b><br>500 NW 209th Ave, Pembroke Pines 33029                   | <b>27. Sunset Lakes Elementary School</b><br>18400 SW 25th St, Miramar 33029          |
| <b>10. Pines Middle School</b><br>200 NW Douglas Rd, Pembroke Pines 33024                      | <b>28. Manatee Bay Elementary School</b><br>19200 Manatee Isles Dr, Weston 33332      |
| <b>11. Orange Brook Elementary School</b><br>715 S 46th Ave, Hollywood 33021                   | <b>29. Lakeside Elementary School</b><br>900 NW 136th Ave, Pembroke Pines 33026       |
| <b>12. Panther Run Elementary School</b><br>801 NW 172nd Ave, Pembroke Pines 33029             | <b>30. Pompano Beach High School</b><br>600 NE 13th Ave, Pompano Beach 33060          |
| <b>13. Parkside Elementary School</b><br>10257 NW 29th St, Coral Springs 33065                 | <b>31. Fox Trail Elementary School</b><br>1250 Nob Hill Rd, Davie 33324               |
| <b>14. Park Trails Elementary School</b><br>10700 Trails End Rd, Parkland 33076                | <b>32. Silver Palms Elementary School</b><br>1209 NW 155th Ave, Pembroke Pines 33028  |
| <b>15. Silver Lakes Elementary School</b><br>2300 SW 173rd Ave, Miramar 33027                  | <b>33. Watkins Elementary School</b><br>3520 S W 52nd Ave, Pembroke Park 33023        |
| <b>16. Plantation Elementary School</b><br>651 NW 42nd Ave, Plantation 33317                   | <b>34. Challenger Elementary School</b><br>5703 NW 94th Ave, Tamarac 33321            |
| <b>17. Liberty Elementary School</b><br>2450 Banks Rd, Margate 33063                           | <b>35. Gulfstream Academy of Hallandale Beach</b><br>1000 SW 3th St, Hallandale 33009 |
| <b>18. Beachside Montessori Village</b><br>2230 Lincoln St, Hollywood 33020                    |   |

Last Updated: 06/03/2024



# WHAT TO BRING



## TO A GENERAL POPULATION SHELTER

- Identification
- Compact bedding such as pillows, blankets, and air mattress
- Games, reading materials, cell phone, and mobile device with charger, batteries, etc.
- Non-perishable snacks (including special dietary foods)
- Extra change of clothing
- Sanitary wipes or other hygiene products
- Flashlight
- Medications
- Emergency health information card and emergency contacts
- Battery-operated radio
- Water
- Supplies for children, elderly and disabled family members, (games, baby formula, diapers, walker, wheelchair, and hearing device, etc.) if applicable
- Important documents such as birth and/or marriage certificates, social security cards, passports, immunizations records, wills, vehicle titles, insurance policies, stocks, bonds, and important electronic files
- Service animals, if they meet the requirements under Federal Law

## TO A SPECIAL NEEDS SHELTER

In addition to the general population shelter list, bring the following items:

- Communications aids (paper, pencils, pens, and/or mobile device)
- Batteries or chargers for communication aids
- Emergency health information card and emergency contacts
- Mobility equipment (walker, wheelchair)
- Dressing devices for clothing
- Sanitary supplies
- Hearing devices and batteries
- Health monitors
- Dentures or retainers
- Heavy-duty gloves to use maneuvering wheelchair
- Special dietary foods, if required (meals are provided at the shelter)
- Compact bedding (medical cot provided)
- Folding lawn/lounge chair
- Service animal supplies and identification





# RIDING OUT THE STORM



*DURING THE STORM*

Once a storm arrives, there are some additional measures you can take to keep everyone as safe as possible.

- Stay indoors in a secure location, or your “safe room.” A good “safe room” location is an interior room on the first floor of the house. Closets, bathrooms and small storage rooms with only one door and no windows are well suited for “safe rooms.” Interior bathrooms have the added advantage of having a water supply and toilet. The strongest part of a house is usually away from windows and exterior doors. Keep in mind that a space selected as your “safe room” should be free of clutter for quick and easy entry, so occupants will not be injured by falling objects. A bathroom is often a better choice than a closet or storage space
- Place towels along window sills and the bottom of doors leading outside to keep water from coming in. Have buckets, mops, and sponges handy in the event of flooding
- Elevate valuables to tabletops or high places if flooding occurs
- Do not go outside as the eye of the hurricane passes over unless repairs are absolutely essential. The storm is not over. The worst can happen once the eye passes over and the winds blow from the opposite direction
- Tornadoes can appear anytime during a hurricane. Monitor your local stations and if a tornado warning is issued, take cover in an interior hallway or on the lower level if in a tall building. Stay away from glass doors and windows. You can also take cover under heavy furniture in the center of a house
- Leave the main breaker on unless the electricity goes off. If the electricity goes off, turn off air conditioners, refrigerators, freezers, television sets, and computers to avoid the possibility of damage due to power surges. If the power returns and is steady, these may be turned back on
- Use flashlights for lighting when the power goes off. Do not use candles or any other type of open flame, because the fire department may be unable to respond to a fire during a hurricane
- Use the telephone for emergencies only. Jammed phone lines may obstruct emergency calls for police, fire rescue, emergency medical, and Red Cross disaster units
- Open refrigerator and freezer doors as little as possible and turn them to the coldest setting
- Stay away from the fuse box, main breaker, and electrical outlets in the event of flooding. Normally, the electrical current will fail with flooding

For more information on safe rooms, visit the Florida Alliance for Safe Homes website at [Flash.org](http://Flash.org)



# IF THE POWER GOES OUT...

## KEEP YOUR COOL

Since hurricanes occur during the hottest time of year in South

Florida, heat exhaustion and other heat-related illnesses

become a consideration when the power goes out and homes are without air conditioning.

Problems can develop after several days of exposure to high

temperatures and inadequate or unbalanced replacement of

fluids. Here are some tips from the Centers for Disease Control and

Prevention:

- Drink cool, non-alcoholic, noncaffeinated beverages. If your doctor limits the amount of fluid you drink or you take water pills, ask how much you should drink when the weather is hot. Also, avoid extremely cold liquids because they can cause cramps
- Rest frequently
- Take a cool shower, bath, or sponge bath
- If possible, seek an airconditioned environment such as a mall or public library, if they have power
- Wear lightweight, light-colored clothing
- If possible, remain indoors during the heat of the day
- Avoid strenuous activities
- Signs of heat exhaustion may include heavy sweating, paleness, muscle cramps tiredness, weakness, dizziness, headache, nausea or vomiting, fainting, cool and moist skin, fast and weak pulse rate, and fast and shallow breathing. If you experience these symptoms, consider seeking medical attention

## KEEP YOUR COOL

During power outages, lift stations that normally pump raw sewage/ wastewater may not be operating if they are not powered by a generator. Please restrict your use of running water as the system can eventually back up into your street, showers, toilets, and sink drains inside your home.

## DON'T DRINK THE WATER

If a boil water order is issued for your area, follow

these guidelines from the Florida Department of Health in Broward County:

- Boil water at a rolling boil for one minute to kill infectious organisms
- If you do not have power, you can mix eight drops (1/8 teaspoon) of unscented household bleach per gallon of water and allow to stand for 30 minutes. If the water is cloudy, add 16 drops (1/4 teaspoon) and let stand for 30 minutes. The water will not be toxic, though it may have a chlorine odor and taste
- If a boil water order is issued, remember that water system boundaries do not always correspond to city boundaries

## KEEP YOUR COOL

Listen to local radio and television stations for curfew announcements. Roads and highways may be blocked, and hidden dangers may exist after dark such as downed trees and power lines, especially in flooded areas. Law enforcement and emergency services may be strained. All residents and businesses are expected to follow curfew laws. Exemptions to this are essential personnel such as law enforcement, fire-rescue, hospital or other healthcare workers, emergency management, and others involved in recovery efforts.



# KEEPING SAFE IN THE STORM'S AFTERMATH

Some of the greatest hurricane dangers present themselves after a storm has passed. Keep these important tips in mind:

- Treat all downed power lines as if they are live. If you see a power line that is sparking or arcing, call 911
- Walk cautiously and avoid standing water which may hide downed power lines or hazardous objects.
- Debris-filled streets are dangerous. Snakes and poisonous insects may be a hazard
- Do not drive unless it is an emergency.
- Take precautions to prevent fires.
- Protect property from further damage.
- Notify insurance representatives of any losses
- Take photographs or a video of damaged areas to substantiate your claim
- Prepare a detailed inventory of damaged or destroyed property for the adjuster. Include a description of the item, date of purchase, cost at time of purchase, and estimated replacement cost
- Be patient. Hardship cases will be settled first by insurance representatives.

## BEWARE OF FLOODING HAZARDS

**If there is flooding in your home or business, be sure the building is not in danger of collapsing,** and watch for loose and falling debris

**If floodwaters have reached your belongings,** they are considered contaminated

**If your home has natural gas service,** be alert for gas fumes

**Do not drink water from the faucet** unless it has been declared safe



## Generator Safety Tips

Generators are useful on a temporary basis, but they can be extremely dangerous. Hazards include carbon monoxide poisoning from toxic engine exhaust, electric shock, electrocution, and fire.

- Use a licensed electrician to install a permanent generator.
- Use the generator according to the manufacturer's instructions
- Place portable generators outside in a well-ventilated area, NEVER inside a home including garages or crawl spaces. Do not connect it directly to your house
- If you start to feel sick, dizzy or weak while using a generator, get outside to fresh air immediately
- Do not refuel a generator while it is running



# PICKING UP THE PIECES

In the wake of the hurricane, debris pick-up varies by municipality. While trash and debris may not be picked up immediately, if properly bundled, they will eventually be removed. Help expedite the clean-up process by properly separating debris into:

**Yard debris** cut and stacked (including limbs, branches, and other vegetative materials); collect small and loose material in bags and place on swales

**Building debris and building contents** (including fence material, roof tiles, screens, windows, carpet, broken framework, torn porch/pool screening)

**Regular garbage and trash.** Place the separated debris piles on swales, away from power lines, mailboxes, trees, fire hydrants, valves, water meters, gas lines, and storm drains



## MAKE SURE YOUR CONTRACTOR IS LICENSED

To check the status of a contractor, or to file a complaint, visit [Broward.org/Building](http://Broward.org/Building) and select Search Contractors or call 954-765-4400, option 2. You can also call the State of Florida Department of Business and Professional Regulation at 850-487-1395.

## TO HELP YOU COPE

**Talk About It.** Realizing that others share your experiences and feelings can relieve the stress

**Take One Thing at a Time.** Pick one task and complete it, then select another

**Get Back into a Routine.** Resume your family routine as quickly as possible after a storm. This is important, especially for children. It provides a sense of normalcy and security, and often revitalizes a family

**If You Can, Help Others.** Give blood, or prepare "care packages" for people who have experienced a loss. Volunteer in the rebuilding effort. Helping others can give you a sense of purpose in a situation that feels beyond your control

**Avoid Drugs and Excessive Drinking.** Drugs and alcohol might seem to help you feel better, but in the long run, they generally create additional problems that compound the stress you are already experiencing

**Ask For Help If You Need It.** If your stress level does not begin to subside, talk with a trusted relative, friend,

## HOME DAMAGE ASSESSMENT PROGRAM

Broward County's Home Damage Assessment program enables residents to assist in quickly identifying areas of devastation. To report damage by phone, call 311. Remember, you must have access to the photos to make a report

**Before an event:**

- Take pictures of your home and include this information in your emergency preparedness kit
- Download the Home Damage Assessment App by visiting the app store or by scanning the QR code below with your smartphone





# HURRICANE PREPAREDNESS



Area Agency on Aging  
of Broward County

## KEY ACTIONS TO TAKE POST HURRICANE SEASON:

Prior to the start of hurricane season is a good time to focus on reviewing and replenishing your emergency supplies and registering for the vulnerable population registry.

### REVIEW EMERGENCY SUPPLIES

Check your emergency kit. Replenish any items that have expired or are running low.



### MAINTAIN COMMUNICATION CHANNELS

Stay updated on weather forecasts through local news, radio, or weather apps. Familiarize yourself with your local evacuation routes and designated shelters. Most importantly, stay informed about any local advisories or updates from authorities.



### INSPECT YOUR HOME AND PROPERTY

Look for any potential weaknesses, including roof leaks, loose shingles, damaged gutters, cracked windows, or property damage. Address any repairs needed to strengthen your home.



### FOLLOW LOCAL GUIDELINES

Always follow instructions from local authorities regarding hurricane preparedness and response. Be prepared to evacuate if an evacuation order is issued.



### REGISTER FOR THE VULNERABLE POPULATION REGISTRY

#### Who Should Pre-Register for the Vulnerable Population Registry?

Individuals who are at risk due to a disability, frailty, or health issue, regardless of age, and who elect to shelter in a place (i.e. at home) in the event of a hurricane or other emergency.

#### When Should You Register?

Registration should be in advance of an emergency. However, registrations are accepted year-round.

#### Residents Only Need to Register Once!

Online at [Broward.org/Registry](https://www.broward.org/Registry), or by calling the Broward County Call Center at 311 or 954-831-4000 (TTY 954-831-3940).

This year's season officially began on June 1 and will end on November 30. Purchase supplies and update your list of important numbers during this time.





Area Agency on Aging  
of Broward County