

# AGING & DISABILITY RESOURCE CENTER OF BROWARD COUNTY



2010-11  
Summer/Fall/Winter



*"Positive pathways, to tomorrow, can be united for humanity if society obliterates the detours imposed by individual images and opens the roadblocks created by sidelining issues of need. We should, and must be the engineers for success."*

*Edith Schaffer Lederberg  
Executive Director*

## GENERAL INFORMATION

The **Aging & Disability Resource Center** plans, develops, coordinates, and evaluates programs; funds services; and is the prime advocate for Broward residents 60 years of age or older. The ADRC is administered by the Areawide Council on Aging of Broward County, Inc. The need for services for Senior Americans was recognized by the Federal Government with the passing of the Older Americans Act in 1965, and the establishment of Area Agencies on Aging nationwide. In September of 2005, Broward's Area Agency was designated an Aging & Disability Resource Center.

All programs are funded by the following through the Florida Department of Elder Affairs and the Areawide Council on Aging: Titles III-B, III-C, III-D, III-E, V, and VII of the Reauthorized Older Americans Act; Florida's Community Care for the Elderly and Home Care for the Elderly Acts; Alzheimer's Disease Initiative Legislation; Medicaid; and Emergency Home Energy Assistance for the Elderly. Matching funds are contributed by Broward County Government and local municipalities.

The administrative offices of the Aging & Disability Resource Center are located at 5300 Hiatus Road, Sunrise, FL 33351. Center addresses and services are listed and described in this brochure. For most services, participants must be 60 years of age or older. Recipients of federally-funded services are given the opportunity to donate, within their means, for the programs. Clients, in state-funded Community Care for the Elderly and Alzheimer's Disease Initiative Programs, are assessed co-payments based on a sliding scale. Alzheimer Projects are not age specific but require a medical diagnosis. Waiting lists presently exist for some services. All program telephone numbers are included in the descriptive sections of this brochure, as well as on the back page.

## HOME TOUCH

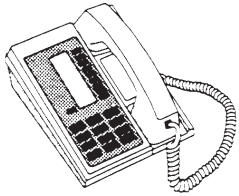
**HOME TOUCH** provides carpentry, plumbing, electrical, and other minor repairs necessary to preserve health and safety in the owner-occupied home. Financial and material donations are accepted. The Home Touch Program is administered by the Minority Builders Coalition, Inc. Office hours are 8:30 a.m. - 5 p.m., Monday - Friday.

**Telephone Number:** (954) 792-1180

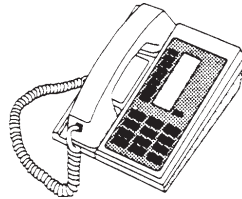
This brochure, which is supported by Florida's Department of Elder Affairs, was produced and funded through the cooperation of the ADRC and Florida Power and Light Company.

## BROWARD'S ELDER HELPLINE

**THE ELDER HELPLINE** is an Information & Referral Program designed to provide a toll-free single point of access for people, age 60 and over; persons with severe and persistent mental illness, ages 18 and over, their families, and caregivers, to request and receive information and other assistance relative to social services for the elderly in Broward County. Assistance is available in English, Spanish, and Creole. The Elder Helpline is administered by the Areawide Council on Aging of Broward County, Inc.



**(954) 745-9779**  
or  
**TDD: (954) 745-5689**  
**(for hearing impaired)**



### FLORIDA RELAY SERVICE

The Florida Relay Service provides operator assistance to persons with hearing and speech impairments to help them communicate with other individuals via the telephone. There is no charge for this service for local calls.

For assistance with voice telephone calls, dial 1-800-955-8770

For assistance with TDD telephone calls, dial 1-800-955-8771

## NUTRITION

**BROWARD MEALS ON WHEELS** administers the Title III-C nutrition programs throughout Broward County. Well-balanced meals are available at 35 Congregate Site locations throughout Broward, Monday - Friday. Regular Kosher (at two locations), and pureed meals are available. Home-delivered regular, Kosher, and pureed frozen meals are delivered weekly. At-risk frail elders may have the option of daily hot meals. Nutrition education, Nutrition Counseling, and in-home assessments also are offered under this grant. BMOW also has "fee for service" home-delivered meal programs, Grocery Shopping Assistance, and Meals For Companion Pets. Contributions are accepted.

**Telephone Number:** (954) 731-8770 or ([www.bmow.org](http://www.bmow.org))

**DAVID POSNACK JEWISH COMMUNITY CENTER** administers a county-wide Kosher Meal Program through Broward Meals on Wheels. In addition, the Center provides a well-balanced kosher meal, nutrition education, and other programs, Monday-Friday, at 5850 S. Pine Island Road in Davie. Contributions are accepted. Visit the Web site at [www.dpjcc.org](http://www.dpjcc.org).

**Telephone Number:** (954) 434-0499

## SENIOR DAY CARE CENTERS

**SENIOR DAY CARE CENTERS** provide facility-based programs for frail elders, able to reside at home and travel to other locales if supervision is available. Services are designed to meet the needs of physically-dependent seniors. All listed day care accept private pay consumers. Some funded programs assess copayments for services. Donations are always welcome.

### CENTRAL WEST SENIOR DAY CARE CENTER

Administered by Catholic Charities, located at 6915 Stirling Road, in Davie. Open Monday - Friday, 7:30 a.m. - 5 p.m.

**Telephone Number:** (954) 583-6446

### CENTRO OESTE PARA HISPANOS

Administered by Catholic Charities, located at 6915 Stirling Road, in Davie. Open Monday - Friday, 7:30 a.m. - 5 p.m.

**Telephone Number:** (954) 581-9170

### IRMA E. ALLEN SENIOR DAY CARE CENTER

Administered by Northwest Federated Woman's Club, located at 2185 N.W. 19th Street in Ft. Lauderdale. Open Monday - Friday, 8:30 a.m. - 4:30 p.m.

**Telephone Number:** (954) 714-3500

### NOBLE A. MCARTOR SENIOR DAY CARE

Administered by SunServe, Inc., located at 1480 SW 9th Avenue in Fort Lauderdale. Open Monday - Friday, 8:30 a.m. - 5 p.m.

**Telephone Number:** (954) 764-5055

### NORTHEAST FOCAL POINT ADULT DAY SERVICES

**(SERVING ENGLISH, CREOLE, HISPANIC, & PORTUGUESE SPEAKING ELDERS)**

Administered by the City of Deerfield Beach, located at 227 NW 2nd Street in Deerfield Beach. Open Monday - Friday, 7:30 a.m. - 5:30 p.m. Private pay accepted.

**Telephone Number:** (954) 480-2641 and (954) 480-4470 **TDD:** (954) 480-4449

### NORTHWEST FOCAL POINT SENIOR DAY CARE CENTER

Administered by the City of Margate, located at 6009 N.W. 10th Street in Margate. Open Monday - Friday, 8 a.m. - 4 p.m.

**Telephone Number:** (954) 977-6556

### ST. ELIZABETH ADULT DAY CARE CENTER

Administered by Catholic Charities, located at St. Elizabeth Gardens, 801 N.E. 33rd Street, Pompano Beach, FL 33064. Open Monday - Friday, 7:30 a.m. - 5 p.m.

**Telephone Number:** (954) 781-0461

### SOUTHEAST FOCAL POINT ADULT DAY CARE CENTER

Administered by Joseph Meyerhoff Senior Center, Inc., located at 3081 Taft Street in Hollywood. Open Monday - Thursday, 8:30 a.m. - 5 p.m., Friday, 8:30 a.m. - 4 p.m.

**Telephone Number:** (954) 966-9805 **TDD:** (954) 966-9805

### **SOUTHWEST FOCAL POINT SENIOR DAY CARE CENTER**

Administered by City of Pembroke Pines, located at 301 N.W. 103 Avenue in Pembroke Pines. Open Monday - Friday, 7 a.m. - 6 p.m.

**Telephone Number:** (954) 450-6888/**TDD:** (954) 450-6888

### **TENDER LOVING CARE ADULT DAY HEALTH CENTER**

Administered by Ponder & Associates, Inc., located at 155 South Pompano Parkway in Pompano Beach. Open Monday - Friday, 7 a.m. - 5:30 p.m.

**Telephone Number:** (954) 917-8099

### **WILTON MANORS SENIOR DAY CARE and TIME TOGETHER MENTAL HEALTH CARE PROGRAM**

Administered by Catholic Charities, located at 1503 N.E. 26th Street in Wilton Manors. Open Monday - Friday, 7:30 a.m. - 5 p.m.

**Telephone Number:** (954) 630-9501

## **SATELLITE SENIOR CENTERS**

**SATELLITE SENIOR CENTERS** provide many programs for Broward's senior citizens. Some of these services include: nutrition; transportation; education classes; health promotion; recreation; and arts and crafts. Donations are always welcome.

### **AUSTIN HEPBURN SENIOR MINI CENTER**

The AUSTIN HEPBURN SENIOR MINI CENTER, administered by the City of Hallandale Beach Human Services Department, is located at 750 N.W. 8th Avenue in Hallandale Beach. The center is open to the public Monday - Friday, 8 a.m. - 5 p.m.

**Telephone Number:** (954) 457-1460

### **FRED LIPPMAN MULTI-PURPOSE CENTER**

The FRED LIPPMAN MULTI-PURPOSE CENTER, administered by the City of Hollywood's Department of Parks, Recreation and Cultural Arts, is located at 2030 Polk Street in Hollywood. The facility is open Monday - Friday, 9 a.m. - 5 p.m.

**Telephone Number:** (954) 921-3408

### **MIRAMAR SATELLITE SENIOR CENTER**

The MIRAMAR SATELLITE SENIOR CENTER, administered by the City of Miramar, is located at 6700 Miramar Parkway in Miramar. The facility is open Monday - Friday, 8 a.m. - 6 p.m.

**Telephone Number:** (954) 889-2700

### **SYLVIA L. POITIER & THEODORA S. WILLIAMS SENIOR CENTER**

The SYLVIA L. POITIER AND THEODORA S. WILLIAMS SENIOR CENTER, administered by the Northwest Federated Woman's Club, is located at 2185 N.W. 19th Street in Ft. Lauderdale. The center is open Monday - Friday, 8:30 a.m. - 4:30 p.m.

**Telephone Number:** (954) 714-3500

## **FOCAL POINT SENIOR CENTERS**

Broward's four **FOCAL POINT SENIOR CENTERS** provide a full spectrum of services for elders. Some of these include: nutrition; arts and crafts; recreation; transportation; education classes; health screening and support; information; public education; referral; and counseling. Contributions are accepted.

### **NORTHEAST FOCAL POINT SENIOR CENTER**

The NORTHEAST FOCAL POINT SENIOR CENTER, administered by the City of Deerfield Beach, is located at 227 N.W. 2nd Street in Deerfield Beach. Staff is available Monday - Friday, from 8:30 a.m. - 4:30 p.m. to serve residents in Northeast Broward. The Center also has an Adult Day Services Center and an Intergenerational Child Care Center. Visit the Web site at [www.deerfield-beach.com](http://www.deerfield-beach.com) or e-mail us at [nefocalpoint@deerfield-beach.com](mailto:nefocalpoint@deerfield-beach.com).

**Telephone Number:** (954) 480-4449/**TDD:** (954) 480-4449

### **NORTHWEST FOCAL POINT SENIOR CENTER**

The NORTHWEST FOCAL POINT SENIOR CENTER, administered by the City of Margate, is located at 6009 N.W. 10th Street in Margate. Staff is available Monday - Friday from 8 a.m. to 8 p.m. to serve residents of Northwest Broward. The Center also offers transportation and Adult Day Center programs. Please visit the Web site at [www.margatefl.com](http://www.margatefl.com) or e-mail us at [seniorcenter@margatefl.com](mailto:seniorcenter@margatefl.com).

**Telephone Number:** (954) 973-0300/ **TDD:** (954) 972-8707

### **SOUTHEAST FOCAL POINT SENIOR CENTER**

The SOUTHEAST FOCAL POINT SENIOR CENTER, administered by Joseph Meyerhoff Senior Center, Inc., is located at 3081 Taft Street in Hollywood. The center, which is open Monday - Thursday, from 8:30 a.m. - 5 p.m., Friday 8:30 - 4 p.m., serves Southeast Broward. The project also directs a county-wide pre-trial court intervention program.

**Telephone Number:** (954) 966-9805/**TDD:** (954) 966-9805

### **SOUTHWEST FOCAL POINT SENIOR CENTER**

The SOUTHWEST FOCAL POINT SENIOR CENTER, administered by the City of Pembroke Pines, is located at 301 N.W. 103 Avenue in Pembroke Pines. Staff is available from 8:30 a.m. - 5 p.m., Monday - Friday.

**Telephone Number:** (954) 450-6888/**TDD:** (954) 450-6888

## ALZHEIMER'S DAY CARE CENTERS

Specialized day-care services are available for patients with medically-diagnosed Alzheimer's disease or related dementias. Eight **ALZHEIMER'S DAY CARE PROGRAMS** currently are funded through the Area Agency.

### **KURT & ALICE WALTER ADULT DAY CARE/ALZHEIMER PAVILION (DANIEL D. CANTOR SENIOR CENTER)**

5000 Nob Hill Road in Sunrise. Open: Monday - Friday, 9 a.m. - 5:30 p.m.

Copayments are assessed according to a sliding scale.

**Telephone Number:** (954) 742-2299/**TDD:** (954) 742-0436

### **LAUDERDALE LAKES ALZHEIMER'S CARE CENTER**

4320 N.W. 36 Street in Lauderdale Lakes.

Open: Monday - Friday, 7 a.m. - 6 p.m., Saturday, 8 a.m. - 2 p.m.

Copayments are assessed according to a sliding scale.

**Telephone Number:** (954) 535-2800

Lauderdale Lakes also administers a Satellite Senior Center.

Telephone Number: (954) 535-2800

### **NORTHEAST FOCAL POINT ALZHEIMER'S DAY CARE CENTER**

227 N.W. 2nd Street in Deerfield Beach.

Open: Monday - Friday, 7:30 a.m. - 5:30 p.m.

Copayments are assessed according to a sliding scale. Private pay accepted.

**Telephone Number:** (954) 480-4460/**TDD:** (954) 480-4449

### **SOUTHEAST FOCAL POINT ADULT DAY CARE CENTER**

3081 Taft Street in Hollywood.

Open: Monday - Thursday, 8:30 a.m. - 5 p.m., Friday, 8:30 a.m. - 4 p.m.

Copayments are assessed according to a sliding scale including a State funded no fee program for low income clients. Contributions are accepted.

**Telephone Number:** (954) 966-9805/**TDD:** (954) 966-9805

### **SOUTHWEST FOCAL POINT ADULT DAY CARE CENTER**

301 N.W. 103 Avenue in Pembroke Pines.

Open: Monday - Friday, 7 a.m. - 6 p.m.

Contributions are accepted.

**Telephone Number:** (954) 450-6888/**TDD:** (954) 450-6888

### **NORTHWEST FEDERATED WOMAN'S CLUB OF BROWARD COUNTY, INC. (SYLVIA L. POITIER & THEODORA S. WILLIAMS) ALZHEIMER'S DAY CARE**

2185 N.W. 19th Street in Fort Lauderdale.

Open: Monday - Friday, 8:30 a.m. - 4:30 p.m.

Copayments are assessed according to a sliding scale.

**Telephone Number:** (954) 714-3500

## ALZHEIMER'S IN-HOME RESPITE

**ALZHEIMER'S IN-HOME RESPITE** provides relief to the primary caregivers through the Alzheimer's Disease Initiative Program. Home Health Aides are sent to the home to remain with the patients to allow caregivers time away from their supervisory responsibilities. In-Home Counseling also is available for caregivers. Co-payments are assessed according to a sliding scale. Collected payments are used to increase provision of services.

From and including the north side of Sunrise Boulevard., the north sector of Broward County is served by the Alzheimer's Family Center, Inc.

**Telephone Number:** (954) 971-7155

From and including the south side of Sunrise Boulevard, the south sector of Broward County is served by the Southeast Focal Point ADI In-Home Respite Program.

**Telephone Number:** (954) 966-9805/**TDD:** (954) 966-9805

## EMERGENCY HOME ENERGY ASSISTANCE

**EMERGENCY HOME ENERGY ASSISTANCE FOR THE ELDERLY** is a program which provides assistance for home-energy emergencies to qualified, low-income households with at least one person 60 years of age or older.

**Telephone Number:** (954) 745-9779 (Elder Helpline)

## RELIEF

**RESPITE FOR ELDERLY LIVING IN EVERYDAY FAMILIES (RELIEF)** provides in-home respite to qualifying families. The program's purpose is to increase the ability of a family unit to continue to care for a homebound elderly individual by providing in-home respite beyond the basic provisions of current public programs. Services are provided through a multigenerational corps of volunteers, as well as minimally-paid personnel, who are screened, trained, and registered. RELIEF is administered by the ADRC through provider agencies.

**Telephone Number:** (954) 745-9779 (Elder Helpline)

## JEWISH ADOPTION & FOSTER CARE OPTIONS

**JAFKO SENIOR CAREGIVER PROGRAM** provides support to seniors over the age of 60 years residing in Broward County who are raising their grandchildren. Services include counseling, referrals, home visits, and financial assistance with daycare and summer camp.

**Telephone Number:** (954) 749-7230

## SENIOR CITIZEN LAW PROJECT

The **SENIOR CITIZEN LAW PROJECT** provides legal advice and representation to Broward County residents, 60 years of age and older. Legal assistance is provided for: housing, health related issues, governmental benefits, consumer issues, and naturalization. Services are targeted to low income and minority persons. Presentations are made at senior centers and other locations, countywide. The Senior Citizen Law Project is administered by Coast to Coast Legal Aid of South Florida, Inc.

**Telephone Number:** (954) 765-8955

## ELDER HELPLINE

At the **AGING & DISABILITY RESOURCE CENTER**, Information & Referral Specialists are available, five days a week, to provide social service information, as it relates to the elderly. Assistance is available in English, Spanish, and Creole. The Project publishes and sells an Annual Resource Directory, which contains updated information on senior services and programs.

**Telephone Number:** (954) 745-9779 or **TDD:** (954) 745-5689

**Fax:** (954) 745-9566

## SHINE

**SERVING HEALTH INSURANCE NEEDS OF ELDERS (SHINE)** is a free, county-wide counseling program. Volunteers for the SHINE Program provide information, counseling, and assistance on Medicare, Medicaid, Medicare Health and Drug Plan Choices, Medicare Supplemental Insurance, Long-Term Care Insurance, Medicare Fraud, and Prescription Assistance.

**Telephone Number:** (954) 745-9779 (Elder Helpline)

## TRANSPORTATION

**TRANSPORTATION** is provided for seniors to and from social services by the Focal Point and Satellite Senior Centers. For additional transit information, contact the appropriate senior center listed in this brochure. Broward County Transit provides transportation (TOPS) for eligible elders to nutrition sites and health-care facilities. For those persons with disabilities, who cannot use public bus transportation, American Disabilities Act (ADA) Paratransit Service may be available. A written application is required, and it must be approved.

**Telephone Number:** (954) 357-6794 (for information)

**TDD:** (954) 357-8330

## BROWARD COUNTY ELDERLY & VETERANS SERVICES

The telephone number for all  
Broward County Elderly Services  
Programs listed on these two pages is  
**(954) 537-2936**

## COMMUNITY CARE FOR THE ELDERLY

Florida's Legislature, demonstrating its commitment to meet the special needs of its aging citizenry, has allocated supportive funding through the **Community Care for the Elderly Act** (CCE). This legislation helps enable the frail elderly to remain in their accustomed environments, thereby delaying or avoiding institutionalization. The Aging & Disability Resource Center has designated Broward County Elderly & Veterans Services as Lead Agency for services in Broward County.

Case Management, by qualified social workers, is provided for Community Care for the Elderly participants. This includes: assessment of needs; development of a care plan; arrangement for services; and ongoing monitoring of each client's status.

The Central West, Daniel D. Cantor Senior Center, Irma E. Allen, Northwest Focal Point, St. Elizabeth, Tender Loving Care, and Wilton Manors Senior Day Care Centers are funded by Community Care for the Elderly. Rehabilitative Therapy is available at the five centers.

Other programs, supported by CCE, include: Emergency Alert Response; Chore and Homemaker Services; Personal Care; and Respite Care. Clients are assessed fees based on a sliding scale. All collected funds are utilized to expand the provision of services.

## EMERGENCY ALERT RESPONSE

**EMERGENCY ALERT RESPONSE** is a 24-hour-a-day monitoring system. Frail elders, living alone, can press a portable help button that is electronically connected to a local Central Response Center in order to receive emergency assistance. Response Center Personnel then call a local contact or emergency services to check up on the client.

## CHORE SERVICES

**CHORE SERVICES** involve the performance of house or yard tasks, including such jobs as seasonal cleaning, yard work, lifting and moving furniture, and household repairs.

## HOMEMAKER SERVICES

**HOMEMAKER SERVICES** include light housekeeping, limited meal preparation, laundry, and shopping assistance for functionally-impaired elders.

## PERSONAL CARE

**PERSONAL CARE** offers limited assistance to home-bound elders in need of help with various health-related tasks of daily living.

## RESPIRE CARE

**RESPIRE CARE** provides help for the primary caregiver of home-bound elderly who require constant supervision. Staff remains with the client to allow the caregiver time to attend to matters outside the home.

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## ASSISTED LIVING MEDICAID WAIVER

**ASSISTED LIVING MEDICAID WAIVER** provides additional supportive services to clients who are at risk of nursing-home placement and reside in assisted-living facilities. Clients must meet Medicaid financial and impairment requirements.

## HOME CARE FOR THE ELDERLY

**HOME CARE FOR THE ELDERLY** provides case management, basic financial assistance, and subsidies for specialized services, if approved, to assist caregivers to provide care and basic support to frail, low-income elders in the home.

## MEDICAID WAIVER SERVICES

**MEDICAID WAIVER HOME AND COMMUNITY-BASED SERVICES** are provided to eligible frail elders in order to defer nursing-home placement. Clients must meet Medicaid financial and impairment criteria.

## FLORIDA POWER & LIGHT ASSISTANCE & INFORMATION SERVICES



Florida Power and Light Company has many programs offering a variety of provisions for the customer in need.

### SPECIAL BILL PAYMENT ARRANGEMENTS

We realize that occasionally unexpected personal or economic conditions may create a problem that prevents you from paying your bill. When this happens, please contact your local FPL office before the past-due date. We'll personally review your case, and when there is a history of regular payments, our customer service representatives will make every effort to work out a mutually satisfying solution.

### ASSISTANCE AND REFERRAL PROGRAM

When special problems arise and emergency assistance is needed, FPL customer service representatives know how to link you to local **Information & Referral Agencies**, such as Elder Helpline and First Call for Help.

### CARE TO SHARE FUND

This fund is made up of customer, FPL corporate and employee contributions that help pay home-energy bills for households experiencing a crisis. The Broward County Community Action Agency administers **Care to Share**. All donations go directly to benefit customers in crisis.

Look for Care to Share program donor information with your electric bill. If you need, or know someone else who needs assistance, contact **ELDER HELPLINE** at (954) 745-9779 for application information.

## FPL FRIENDLY REMINDER

You can guard against disconnection of your electric service if you are away from home unexpectedly or cannot be reached because of illness. Through this plan, you can authorize FPL to send a copy of any delinquent notice to a person you designate, be it a relative, friend, clergyman, etc. This doesn't place any obligation on that person to pay the bill, but it does give him or her the opportunity to assist you.

This program, along with the **FPL Automatic Bill Payment**, is especially helpful to senior customers who may live alone. Please call FPL to enroll in our **FPL Friendly Reminder**.

## 62PLUS PAYMENT PLAN

If your main source of income is provided through Social Security retirement benefits, FPL's **62Plus Payment Plan** can make paying your electric bill a little easier.

If the due date on your monthly electric bill is prior to the receipt of your Social Security check, call us. FPL's 62Plus Payment Plan can reschedule your due date to coincide with the receipt of your monthly benefit check.

## FPL BUDGET BILLING

With **FPL Budget Billing**, your monthly electric payment is based on your average annual usage of electricity, not what you use in one billing month. Although you still pay for all the electricity you use, Budget Billing can help you manage your money more efficiently because you can spread seasonal consumption costs over many months. You will also have a better idea of what you owe before your bill arrives. For more information on Budget Billing, call your local FPL office.

## SPEECH AND HEARING IMPAIRED EQUIPMENT

FPL is acutely aware of the special needs and requirements of our handicapped customers. If you are hearing or speech-impaired, and have access to **TTY-TDD Equipment**, we have 'round-the-clock, seven-days-a-week service available through our toll-free number: 1-800-432-6554. Remember, you must use a teletype keyboard machine to reach FPL at this number.

## MEDICALLY ESSENTIAL SERVICES PROGRAM (MES)

The Medically Essential Service program is for customers whose electric service is medically essential, as certified by a physician licensed to practice in the State of Florida.

Electric service may be medically essential if the customer has continuously operating electric-powered medical equipment necessary to sustain life, or avoid serious medical complications requiring immediate hospitalization.

This program does not guarantee uninterrupted service or exempt a customer from payment of their electric bill. Customers requesting participation in this program may call Florida Power and Light to request an Application and Physician's Certificate form.

## MANAGING ENERGY EFFICIENTLY

### HOME ENERGY SURVEY

For energy-saving tips for your home, call FPL for a free **Home Energy Survey**. An FPL representative will inspect your home and offer low-cost tips on how to make your home more energy efficient. And if you qualify, the FPL representative will also provide information about FPL's financial incentives to help install energy-efficient equipment or appliances. Call 1-800-DIAL-FPL (1-800-342-5375) for information.

### ON-CALL PROGRAM

A voluntary residential energy-management program, **On Call** gives participants credit on their electric bills every month for allowing FPL to interrupt power to selected appliances during periods of heavy electricity consumption.

The participant selects which appliances to include from this list: central electric air conditioning, central electric heating, electric water heater and pool pump. Just call 1-800-DIAL-FPL (1-800-342-5375) for information.

### HOW TO REACH US

If you need help, FPL's **Customer Service Representatives** are just a phone call away. The number for FPL is on the bottom right-hand corner of your monthly bill. You can call Monday through Friday from 8 a.m. to 5 p.m.

# MEET THE AGING & DISABILITY RESOURCE CENTER

The **Aging & Disability Resource Center** is the nonprofit umbrella organization charged with the responsibilities of planning, coordinating, monitoring, and funding programs designed to meet the needs of over 345,064 year-round Broward senior residents. As the prime advocate for local Older Americans, the ADRC contracts with administering organizations for the following programs: senior centers; senior day care; site meals; home-delivered meals; Alzheimer's in-home and facility respite; minor in-home repair; legal; transportation; homemaker; personal care; respite; emergency response; and case management. Information & Referral also are available. Our office works closely with Florida's Department of Elder Affairs.

Due to a lack of sufficient State and Federal Monies, the ADRC constantly is developing fundraising activities on the local level. In addition, the critical need for services to maintain frail elders in their own homes is placing tremendous demands on project personnel trying to help seniors avoid premature nursing-home placement.

You can help! Please make a tax deductible donation to the Aging & Disability Resource Center. By working together, we can help assure the merited rights of Older Americans to live their retirement years with dignity! Yes, I (we) want to help needy Broward seniors. Enclosed is my (our) contribution. (Payable to Areawide Council on Aging).

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

**Please detach bottom and mail to:**



**AGING & DISABILITY RESOURCE CENTER**  
**5300 Hiatus Road**  
**Sunrise, FL 33351**  
**www.adrcbroward.org**

# SERVICES FOR SENIORS

## ALZHEIMER'S DAY CARE

- Kurt and Alice Walter Alzheimer Pavilion (Daniel D. Cantor Senior Center) (Mon-Fri).....(954) 742-2299
- Lauderdale Lakes (Mon.-Sat.).....(954) 535-2800
- Northwest Federated Woman's Club (Mon.-Fri.) .....(954) 714-3500
- Northeast Focal Point (Mon.-Fri.).....(954) 480-4460
- Southeast Focal Point (Mon.-Fri.).....(954) 966-9805
- Southwest Focal Point (Mon.-Fri.).....(954) 450-6888

## ALZHEIMER'S IN-HOME RESPITE

- North of Sunrise Boulevard (Alzheimer's Family Center).....(954) 971-7155
- South of Sunrise Boulevard (Southeast Focal Point).....(954) 966-9805

## BROWARD COUNTY ELDERLY & VETERANS SERVICES.....(954) 537-2936

## DAY CARE CENTERS

- Central West Senior Day Care Center.....(954) 583-6446
- Centro Oeste Para Hispanos.....(954) 581-9170
- Irma E. Allen.....(954) 714-3500
- Noble A. McArtor .....(954) 764-5055
- Northeast Focal Point (For Creole & Portuguese Speaking Elders).....(954) 480-2641
- Northeast Focal Point (For English Speaking Elders).....(954) 480-4470
- Northwest Focal Point.....(954) 977-6556
- Southeast Focal Point.....(954) 966-9805
- Southwest Focal Point.....(954) 450-6888
- St. Elizabeth.....(954) 781-0461
- Tender Loving Care Adult Day Health Center .....(954) 917-8099
- Wilton Manors.....(954) 630-9501

## ELDER HELPLINE.....(954) 745-9779

## EMERGENCY HOME ENERGY ASSISTANCE.....(954) 745-9779

## FOCAL POINT SENIOR CENTERS

- Northeast.....(954) 480-4449
- Northwest.....(954) 973-0300
- Southeast.....(954) 966-9805
- Southwest.....(954) 450-6888

## HOME TOUCH.....(954) 792-1180

## JEWISH ADOPTION & FOSTER CARE OPTIONS.....(954) 749-7230

## NUTRITION

- Broward Meals on Wheels.....(954) 731-8770
- David Posnack Jewish Community Center.....(954) 434-0499

## RELIEF (ELDER HELPLINE).....(954) 745-9779

## SATELLITE SENIOR CENTERS

- Austin Hepburn Senior Mini Center .....(954) 457-1460
- Fred Lippman Multipurpose Center.....(954) 921-3408
- Miramar.....(954) 889-2700
- Sylvia L. Poitier and Theodora S. Williams.....(954) 714-3500

## SENIOR CITIZEN LAW PROJECT.....(954) 765-8955

## SHINE (ELDER HELPLINE).....(954) 745-9779

## TRANSPORTATION

- Broward County Transit Information/Application.....(954) 357-6794
- (TDD number).....(954) 357-8330