

The Aging & Disability Resource Center Of Broward County (ADRC)



Presents the 7th Annual

Bear Facts of Healthy Aging Forum

Presented by:



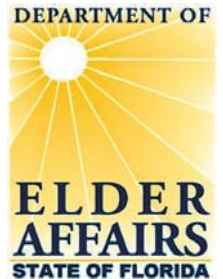
Thursday, September 18, 2008

Diamante's Banquet Center

6501 West Commercial Blvd.

Tamarac, Florida

8:30 a.m. — 2 p.m.



Join us for a day of food, fun and learning as we explore ways to help you learn the "Bear" facts of healthy aging.
Open to attendees 60 yrs + (who did not attend in 2007)
A continental breakfast and lunch will be served.



"Prevention: Being Proactive to Avoid Life's Pitfalls"

Free Health Screenings start at 8:30 a.m.—for blood sugar—must be fasting.

**Consultation with a Pharmacist,
Bone Density Screening by Appointment**

Please complete the following and mail to:
Aging & Disability Resource Center, "Bear" Facts of Healthy Aging Forum
5300 Hiatus Road, Sunrise, FL 33351
Or fax to: (954) 745-9584

Reservations are required on or before August 18.

Name (s)/*Group (please print): _____

Address & Zip Code: _____

Phone Number: _____

_____ Yes, I am 60 years of age or older * For groups of 10 or 20, please attach a list of attendees.

~ Questions? Call (954) 745-9567 ~

~ Please call the ADRC, if you must cancel your reservation! ~

~ Donation checks payable to Areawide Council on Aging—Contributions gratefully accepted! ~